

TRANSGENDER RESOURCE GUIDE

EQUALITY FLORIDA INSTITUTE



Resources reviewed, submitted and verified by members of the TransAction Florida Advisory Board.

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Special Thanks to...

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Thank you for your contributions.

Original guide compiled and submitted by Ashley Williams on June 2, 2015 under supervision of Gina Duncan & Morgan Laisch.

Current guide contains the following:

- Crisis hotlines
- Mental health therapists
- Primary care physicians
- Endocrinologists
- National legal resources
- Florida-specific information on updating legal documents

Additional resources provided will include:

- Gynecologists
- HIV/STD Testing
- Surgery resources
- Support centers & social groups
- Hair & Makeup services
- Vocal coaching
- Electrolysis
- Veteran services
- Youth services

Can't find the resource you need?

Email transaction@eqfl.org to request or submit an addition to this guide.

Please consider recommending one of the following trans-friendly resources:

- Support groups
- Vocal coaches
- OB/GYN listing in Central & South Florida
- Medical & Legal resources in Central Florida
- Education/Community Support, Gender Expression, & Legal Resources in North Florida



PREFACE

TransAction Florida was formed in 2014 by Equality Florida, the states largest LGBT advocacy organization for the purpose of developing a statewide transgender inclusion initiative. This initiative was launched with three broad objectives: To educate Florida's major employers on effective transgender inclusion protocol, to advocate for the trans community in a broader and more structured way, and to be an integral part of all public policy that involved transgender rights. To achieve these, and even broader goals across the Sunshine State, we formed TransAction Florida, which consists of transgender community leaders from all parts of our state.

The need for quality health care and service providers for the transgender community has never been more in demand. Our community is emerging in rapid numbers, spanning all age groups. The Transgender Resource Guide has been developed to provide a directory of quality trans-friendly service providers from across the state. Our goal is that this will be a living resource guide which will be updated regularly and that we will add necessary resources as the needs of our community continue to grow.



Gina L. Duncan Equality Florida, Transgender Inclusion Director





Dear Reader,

With the staggering rates of suicide, violence, and discrimination that the transgender community encounters, please know that YOU DON'T HAVE TO DO THIS ALONE.

You are an amazing, talented, and important member of the community and the world, even if people don't tell you that often enough.

It is my hope that this guide offers you supportive resources to help you express who you are and thrive being the person you want to be.

No one said it would be easy, but if anyone can do it, you can. I wish you all the happiness, love, light and success on your journey and throughout your lifetime.

Ashley Williams
 Master of Arts in Mental Health Counseling, 2016
 Rollins College

NATIONAL CRISIS HOTLINES

If you or anyone you know ever needs them.

National Transgender Lifeline Crisis Line (Staffed by Transgender Individuals)
 1-877-565-8860
 http://www.translifeline.org/

Organization in need of volunteers; locale is not a problem.

Crisis Help: The Trevor Project
 24 Hour Telephone: 866-488-7386
 http://www.thetrevorproject.org/

Veterans Crisis Line (also available for non-veterans)

24 Hour Telephone: 1-800-273-8255; press 1



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SOUTH FLORIDA RESOURCES

Ft. Lauderdale, Wilton Manors, Hollywood & Miami

Mental Health Therapists

• Sunserve Social Services, Inc.

2312 Wilton Drive Ft. Lauderdale, FL 33305 954-764-5150

http://www.sunserve.org/counseling

Elena Naranjo

1881 NE 26th Street #70 Wilton Manors, FL 33305 786-356-9931

www.naranjocounseling.com

Takes Aetna, Humana/PsychCare, Coventry & Private Pay. Specializes in transgender youth. Habla espanol.

Dr. Katharine Campbell, PhD, LCSW

Katharine Campbell Counseling & Consulting, LLC 1881 NE 26th Street Wilton Manors FL 33305 954-790-7926

www.KatharineCampbell.com

Email: info@katharinecampbell.com

Dr. Carol Clark

305-891-1827

www.DrCarolClark.com

Has transgender work experience. Provides HRT letters. Offers counseling via phone or Skype appointments. Hosts monthly support group in Wilton Manors.

Joanna Grover Watson, LCSW

7300 Biscayne Blvd. Miami, FL 33138 305-757-2007

http://miamitherapyworks.com/service/lgbtq/

Specialized in working with non-binary individuals. Youth between the ages of 14-18 qualify for free services through the Alliance for GLBTQ Youth.

Justine April, MSW, CAPSW

https://www.facebook.com/justine.april.58?fref=ts

Email: justine.april@hotmail.com

Marilyn Volker, Ed.D., Sexologist

305-443-8850

Email: <u>besafemv@gmail.com</u>

• Jewish Community Services of South Florida

735 NE 125th Street, N Miami, FL 33161

(305) 576.6550

Toll-Free: 1-800-925-0554 www.jcsfl.org/programs/lgbt

Survivors Pathway

786-275-4364

Email: info@survivorspathway.org

Counseling for victims of domestic violence, human trafficking, sexual abuse, and/or crime.

Heather M. Cherry LCSW, CST

Licensed Clinical Social Worker, Certified Sex Therapist Social Worker- Post Traumatic Stress Disorder Clinical Team Mental Health Service, Miami VA Medical Center 1201 NW 16th St, Miami 33125-1393

Phone: 305-575-7000 x3474, Fax: 305-575-3303, Heather.Cherry@va.gov

Eva Smidova, M.A. (PhDr.), Registered Family Therapy Intern 2144

Anchor Counseling Naples, Psychotherapy SW Florida, Transgender Care Therapist Nova Southeastern University FL

Cell: (+1) 239 247 4231

www.psychotherapyswflorida.com

• Jamie Joseph, Ph.D. Weston Cognitive Behavior Therapy & Eval

2893 Executive Park Drive, Suite 107 Weston, FL 33331

jjoseph97@gmail.com

954-684-6336

http://www.jamiemjosephphd.com

Dr. Joseph has received extensive training in working with and counseling transgender and gender non-conforming individuals and their families, friends and loved ones.

• Bailey House of Wellness, LLC

1881 NE 26th Street, Suite 202A Wilton Manor, FL 33305 bhowyou@gmail.com

954-903-7611

http://www.bhowyou.com

leshai Bailey, LMHC, CST. Board Certified Sex Therapist/Transgender Care Therapist, Licensed Mental Health Counselor. Serving South Florida & Northeast Florida. Skype/Distance Counseling available.

Denise Hueso, LCSW

3081 Salzedo Street, Suite 202 Coral Gables, FL 33134

dhueso.lcsw@southmiamipsychologygroup.com

3056622686

http://www.southmiamipsychologygroup.com

Accepts Blue Cross Blue Shield, Cigna and Self-Pay. Hosts weekly support group on Saturdays. Se habla Español.

Primary Care Providers

• Care Resource Medical Clinic

Broward Primary Care Center 871 W. Oakland Park Blvd., Ft. Lauderdale, FL 33311 954-567-7141, http://www.careresource.org

777 17th Street, Suite 400, Miami Beach, FL 305-673-3555

Dr. Jennifer Bartczck

The Rowan Tree Medical 2500 NE 15th Ave Wilton Manors, FL 33305 954-533-5382

http://www.rowantreemedical.com

AIDS Healthcare Foundation

2097 Wilton Dr Wilton Manors, FL 33305 954-358-5580 www.aidshealth.org

• Dr. Robert Heglar

AHF Clinic 1164 E. Oakland Park Blvd. 3rd Floor Oakland Park, FL 33334 954-561-6900

http://doctor.webmd.com/doctor/robert-heglar-md-def5b724-7031-4878-93cf-21c7a47455d8-overview

AIDS Healthcare Foundation

1613 Alton Road Miami Beach, FL 305-538-1400

Bove Dental/ Dr. Alfred G. Bove'

2500 East Oakland Park Blvd. Fort Lauderdale, FL 33306 Info@BoveDentistry.com 9545640181

http://BoveDentistry.com

General and cosmetic dental services in a comfortable yet professional setting.

Endocrinologists

• Sharon A. Thrush

2669 Forest Hill Boulevard, Suite 100 West Palm Beach, FL. 33406 (561) 968-7600

• Care Resource Medical Clinic

Broward Primary Care Center 871 W. Oakland Park Blvd. Ft. Lauderdale, FL 33311 954-567-7141

• Dr. Jennifer Bartczck

The Rowan Tree Medical 2500 NE 15th Ave Wilton Manors, FL 33305 954-533-5382

• Dr. Robert Heglar, Primary Care Physician

AHF Clinic

1164 E. Oakland Park Blvd. 3rd Floor

Oakland Park, FL 33334 954-561-6900

• Sarah Hart-Unger, MD, Pediatric Endocrinologist

1150 N 35th Ave Ste 520 Hollywood, FL 33021 (954) 265-6984

http://www.mhs.net/physicians/physician-detail/Sarah-HartUnger-Md

Accepts Insurance. Willing to provide HRT to Minors.

Dr. Ralph W Charlton, MD, Pediatric Endocrinologist

1150 N 35th Avenue, Suite 520 Hollywood, FL. 33021 954-265-6984 Willing to provide HRT to minors.

Dr. Lorena Lewy-Alterbaum, MD, Adult Endocrinologist

Hollywood, FL 954-967-0500

Dr. Christopher Estes, MD

1611 North West 12th Avenue Miami, FL 33136 305-243-3000 Accepts insurance. Openly works with transgender patients.

• Dr. Carlos M. Barrera, MD

7400 North Kendall Drive, Suite 617 Miami, FL 33156 305-670-0576

Education/Community Support

Sunserve Social Services, Inc.

2312 Wilton Manors Drive, 2nd Floor Wilton Manors, FL 954-764-5150

www.sunserve.org/transgender

Email: info@sunserve.org

1480 SW 9th Avenue

Ft. Lauderdale

www.sunserveyouth.com

Nonprofit social service agency providing a wide range of services to all ages and gender variations. Serving the Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) community in South Florida.

The TRUE Group

www.TRUE-Group.org

Email: 1TrueGroup@gmail.com

Committed to fostering acceptance, support and growth of the gender variant and transgender community of S. Florida. Provide a safe space for discussion, social interaction and dialogue among members, friends and families.

YES Institute

5275 Sunset Drive Miami FL 305-663-7195

www.yesinstitute.org

Dr. Carol Clark, Support Group

Every 3rd Friday of the month from 7-8:30pm, \$3 donation is welcome Pride Center at Equity Park, 2040 N. Dixie Hwy Wilton Manors, FL 33305 954-463-9005

Emergency Services

Crisis Hotline: LGBT Suicide Awareness Initiative

24/7 Phone: 305-646-3600

Suicide prevention hotline through the Switchboard of Miami.

Housing/Shelter: Lotus House

1514 NW Second Avenue; Suite #1

Miami, FL; 305-438-0556 www.lotushouse.org

Youth Services

• Pridelines Youth Services

9526 NE 2nd Avenue #104 Miami Shores, FL 305-573-9601; www.pridelines.org

Alliance for GLBTQ Youth

1175 NE 125th Street, Suite 510 North Miami, FL 866-634-8087; www.GLBTQalliance.org

Scholarships

Agua Foundation for Women

4500 Biscayne Blvd, Suite 340 Miami FL 305-576-2782; www.aguafoundation.org

Trans Action FL

727-490-8235; www.transactionfl.org

Senior Services

Placement Counselors Corps

(954)965-2925

Toll-free: 1-855-455-PLUS(7587)

 $\underline{http://55plusmag.us/component/content/article/8-resourceguide/34-lgbt-services.html}$

Free online services for seniors and their caregivers

Diverse Services

Survivors Pathway Organization

786-275-4364; 786-484-0401

Email: info@survivorspathway.org

Counseling, Advocacy for Victims of Domestic Violence, Victims of Human Trafficking, Victims of Sexual Abuse, Victims of crime; Legal program; TransLatina Project

Unity Coalition

786-271-6982; www.unitycoalition.org

First organization for the Latino, Hispanic, LGBTQ community of South Florida, education, fundraising, awareness, fairness, leadership

Online Directories of Local Resources

T-House

http://www.t-houseonline.com

Directory of mental health and medical providers serving the transgender community of South Florida. Also features transgender news, upcoming events, and additional resources.

South Florida's LBT Health Directory

http://www.lbthealth.org/directory-of-providers/

Directory of mental health and medical providers with experience serving the LGBT community.

Vocal Coaching

• Evelyn Grossman, M.S. CCC-SLP ~ The Speech Studio

3899 Meadow Lane

Hollywood, FL 33021

evianlerner@aol.com; 954-270-7030; http://www.wellspokenpro.com

I help Transgender Women and Men Match Their Voice and Speaking Style to Their True Selves. Certified-Licensed Speech Pathologist and Voice-Speech Coach. In Person or Skype all over Florida.

Gender Expression

Hair & Makeup

• Filberto Ascencio

filberto.ascencio@facebook.com

• Chere Friedman

3098 Fuller St. Coconut Grove, FL 305-607-3176

• Ayanna Lewars, Weaves Etc. (house calls available)

17325 NW 27th Ave #109 Miami Gardens 786-916-2514

Photography

Photos by LJ (Woolston)

786-223-6616 www.facebook.com/PhotosByLJ

Jorge Luis

www.facebook.com/JorgeLuisPhotography

MARC MITNICK, MS, CCC-SLP

2312 Wilton Drive Wilton Manors, FL 33334 info@transgenderspeech.com 9546874631

www.transgendervoiceimprovement.com

Voice Modification Therapy for MTF/FTM individuals to align there voice with their true gender.

Medical HIV/STD Testing

• Care Resource

1435 Alton Road

Miami Beach, FL: 305-672-7251

Dade: 305-576-1234 Broward: 954-567-7141

www.careresource.org/sobe-thrifty

Free breast exam, HIV/STD testing. Serving residents of Broward & Miami-Dade Counties. Comprehensive health and support services, with focus on the LGBTQ Community.

AIDS Healthcare Foundation

1510 Alton Road Miami Beach, FL 954-338-8734 www.aidshealth.org

• Health District Center

Health Department 1350 NW 14th Street Miami FL 305-575-5423 www.testmiami.org

TEST MIAMI

1-800-FLA-AIDS

www.dadehealth.org

Free HIV testing and tx assistance. Call or text your zip code to 477493 for a testing site near you.

Plastic, Aesthetic & Reconstructive Surgery

University of Miami

1321 NW 14th St, Suite 402 Miami FL 305-243-4500 www.surgery.med.miami.edu/plastic-and-reconstructive/

Dr. Charles Garramone, M.D.

Aesthetic Plastic Surgery Institute, PA 12651 W. Sunrise Blvd. Suite 102 Sunrise, FL 33323

Toll-free: 1-888-986-7362 www.drgarramone.com

Email: apsifrontdesk@drgarramone.com

Dr. Harold M. Reed, M.D., F.I.C.S.

1111 Kane Concourse Bay Harbor, Florida 33154 305 865-2000

www.srsmiami.com

Email: admin@srsmiami.com

Dr. Russell Sassani

Michael J. Schneider, Clinic Manager Take Shape Plastic Surgery P.A. Take Shape Surgery Center L.L.C. 954-585-3800(x224) manager@takeshape.info www.takeshape.info

Dr. Marci Bowers

650-570-2270

This is her Phone number of her Clinic located in Burlingame, Ca.

Recommended Out-of-State Surgery Providers

• Dr. Toby R. Meltzer M.D.

480-657-7006

Toll Free: 866-876-6329 (TRM-MDAZ)

www.tmeltzer.com

Email: info@tmeltzer.com

• Dr. Marci Bowers, M.D.

719-846-6300

Toll-free: 1-877-439-2244 www.marcibowers.com

Email: mail@marcibowers.com

• Dr. Curtis N. Crane, M.D. Dr. Michael L. Brownstein (retired)

M.D. Brownstein & Crane Surgical Services

1-877-255-2081

www.brownsteincrane.com

Email: curtis@brownsteincrane.com

Dr. Toby G. Mayer, M.D.

Beverly Hills Institute of Aesthetic & Reconstructive Surgery

1-800-854-8823

www.bevhillstg.com

Email: info@bevhills.com

Legal

• Lambda Legal

Miami, FL

www.lambdalegal.org

866-542-8336

PrePaid Legal, Jason West

Miami, FL 786-350-6099

• Hope, Inc. Help Lines

11501 NW 2nd Avenue

Miami FL

Dade: (305) 651-HOPE Broward: (954)567-0545

www.hopefhc.com

Assist with housing discrimination and protecting civil rights.

Survivors Pathway OrganizationError! Hyperlink reference not valid.

786-275-4364

786-484-0401

info@survivorspathway.org

Advocacy for Victims of Domestic Violence, Victims of Human Trafficking, Victims of Sexual Abuse, Victims of crime; Legal program.

• Florida Coalition Against Domestic Violence

Contact Gheisha-Ly Rosario-Diaz, Director of Social Change 305-693-1170, ext. 237

www.fcadv.org

www.fcadv.org/about/caucuses#c-lesbian

Lesbian, Gay, Bi-sexual, and Transgender (LGBT) caucus to end domestic violence.

Vida Legal Assistance, Inc.

305-247-1057

www.vidalaw.org, Email: info@vidalaw.org
Voices for Immigrant Defense and Advocacy

Insurance

• Steven Shulman

Insurance/Investments/Retirement

Licensed insurance professional in FI for 24 years, specializing in Life, Health, Long term care, dental, and disability insurance

Please call @ 305-710-9499, email: steven@myunclegloria.com; www.transgenderinsuranceplans.com

Support Centers and Social Groups

Gender Equality Trust Network Foundation

2503 Del Prado Blvd. S. Suite 410A

Cape Coral, FL 33904

info@Get-it.network, 941-875-0010, http://Get-it.Network

In Addition to Monthly Support Groups for Transgender people of all ages and allies, The Get Network Foundation was established in 2015 to empower, inspire, and facilitate trust and equality for all.

Surgery Resources

• Dr. Marci Bowers

650-570-2270

This is her Phone number of her Clinic located in Burlingame, Ca.

Vocal Coaching

Marc Mitnick, MS, CCC-SLP

2312 Wilton Dr

Wilton Manors. FL 33334

info@transgenderspeech.com, 954-687-4631, http://www.transgendervoiceimprovement.com

Voice Modification Therapy for MTF/FTM individuals to align their voice with their true gender.

Your Speech Therapist, Inc.

2312 Wilton Dr, Wilton Manors, FL 33305

Office at SunServe

marc@yourspeechtherapist.com, 954-687-4631, www.transgenderspeech.com

CENTRAL FLORIDA RESOURCES

Tampa Bay, St. Petersburg, Orlando, Melbourne

Mental Health Therapists

• Saralee Fackelman, LMHC, CAP

3530 1st Avenue N., Suite 117 St. Petersburg, FL 33713 727-967-5975

Email: <u>sara@atranslifematters.com</u>; <u>www.atranslifematters.com</u> 3825 Henderson Blvd., Suite 405, Tampa, FL 33629, 813-716-4264

• Dr. Amanda Veldorale-Griffin, LMFT

4090 Deltona Blvd

Spring Hill, FI 34606, (352) 232-5525

Thefamilyalliance.webs.com; Email: Thefamilyalliance@gmail.com

Sliding scale available for those with financial need. Offers Skype sessions. Hoping to start a support group. Specializes in working with transgender individuals and their families.

Erin Robinson, Psy.D., L.P.

Counseling and Wellness Center, New College of Florida 5800 Bay Shore Road Sarasota, FL 34243, 941-487-4254

Family C.O.P.E. 7345 International Place, #109 Sarasota, FI 34240, (941) 702-9978; info@familycope.com

• Tristan W. Byrnes, LMHC

New Transition Therapy
447 3rd Ave N Ste 210
St. Petersburg, FL 33701, 813-919-6185
twbyrnes@gmail.com; www.newtransitiontherapy.com

Metro Wellness Community Center 3251 3rd Ave N St. Pete, FL 33713, 727-321-3854 Sliding Scale, doesn't take insurance. Provides HRT and Surgery letters. Does Skype appointments/sessions.

Dr. David Baker-Hargrove, PhD, LMHC, DAPA, CCFC

801 N. Magnolia Ave., Suite 220 Orlando, FL, 32803, 407-963-5664

david@drdavidbakerhargrove.com; http://www.drdavidbakerhargrove.com/

Accepts Blue Cross/Blue Shield, Cigna, Medicaid and Medicare. Offers discount payment options to those paying out-of-pocket (call or email to inquire). Provides HRT and Surgery letters. Provides Skype therapy sessions.

Dr. Mary G. Davenport, Ph.D.

1608 Oak Street, Sarasota 34236

941-366-3134; www.marygdavenportphd.com marygdavenport@comcast.net

Kathy Lowry LMHC

Mental Health Counselor

Ft. Myers, FL, 239-443-6385; Endocrinologistsibos lowry@yahoo.com

• Joe Salg, LMHC

Corrine Drive Counseling Center

3222 Corrine Drive, Suite A, Orlando, FL 32803

407-716-7207; jsalglmhc@gmail.com; www.corrinedrivecounselingcenter.com

Accepts: BCBS, Cigna, United and private pay. Provides HRT and Surgery letters.

Gay-identified; specializes in LGBT clients and offering transgender support group with Dominique Barritt

Dominique Barritt, MA, LMHC, NCC, CST

3222 Corrine Dr., Suite A, Orlando, FL, 32803, 407-701-4230

Email: dominique@dominiquebarritt.com; http://www.dominiquebarritt.com

Certified EMDR & Sex Therapist. Specializes in a trauma and transgender concerns. Offers sliding scale payment options. Provides HRT and Surgery letters. Provides web-based therapy sessions and offering transgender support group with Joe Salg.

<u>Support Group Facilitators</u>: Joseph Salg, MA, LMHC, NCC & Dominique Barritt, MA, LMHC, NCC, CST Support/Therapy group meets monthly (3rd Wednesdays, beginning Jan. 2016), Co-facilitated by both Dominique Barritt and Joe Salg (licensed therapists & members of several therapy organizations and specialists in transgender/gender-variant issues). Meetings will have guest speakers as well as formatted topics.

Location: Corrine Drive Counseling Center, Suite L; (www.corrinedrivecounselingcenter.com)

Space is limited. Contact <u>corrinedrivecounselingcenter@gmail.com</u> to reserve a seat/inquire further about curriculum and pricing

Kim Murphy, MS, LMHC

Licensed Mental Health Counselor

7232 W Sand Lake Road, Suite 201, Orlando, FL 32819, 321-352-2258

therapistkimmurphy@gmail.com; www.therapistkimmurphy.com

In addition to being the onsite psychotherapist at Bliss Healthcare Services, I maintain two private practice locations for my clients; where I specialize in gender and autism.

• Leshai T. Bailey-Davis, M.S., CST

Board Certified Sex Therapist - Transgender Care Therapist - Registered Mental Health Counseling Intern

Kink Aware Therapist - Certified Clinical Trauma Professional

Bailey House of Wellness, LLC

3190 Post Street, Jacksonville, Florida 32205

1950 Lee Road, Suite 114, Winter Park, Florida 32789

(904)738-3506 (office)-Jacksonville Location

(321)394-8675 (office)-Orlando (Winter Park) Location

www.bhowyou.com

Kristen R. Weick, MA

Registered Mental Health Counselor Intern

My Path Unfolding LLC

1384 Lake Baldwin Lane, Unit B, Orlando, FL 32814; Phone: 321-209-4311

E-mail: mypathunfolding@gmail.com; Website: http://www.mypathunfolding.com

Cary Coll, LCSW

Behavioral Health Program Manager

METRO, 3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854

1315 E. 7th Ave, Suite 201, Tampa, FL 33605, 813-232-3808

www.metrotampabay.org

Sliding Scale, Private Insurance, Medicaid, Medicare, Provides HRT and Surgery Letters. Individual, Family and Group Counseling Available. Does Skype appointments and sessions. Includes free services for transgender youth and transgender support groups. LGBT Center.

Tristan W. Byrnes, LMHC

METRO, 3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854, www.metrotampabay.org Sliding Scale, Private Insurance, Medicaid, Medicare, Provides HRT and Surgery Letters. Individual, Family and Group Counseling Available. Does Skype appointments and sessions. Includes free services for transgender youth and transgender support groups. LGBT Center.

Katie Schubert, PhD, MA, CST, NCC, RMHI

Certified Sex Therapist
Nationally Certified Counselor
Registered Mental Health Intern
6132 8th Ave S., Gulfport, FL 33707, 727-300-6688, drkatieschubert@gmail.com,
www.drkatieschubert.com
Sliding scale available. Offers virtual sessions.

Heather D. Eslien, MA, LMHC

1608 Oak St., Sarasota, FL 34236, 941-840-0878

heather.d.eslien@gmail.com; https://therapists.psychologytoday.com/160333

Specializes in supporting trans youth/adults and their family members. Can provide HRT and surgery letters. Facilitates two monthly support groups: http://www.swfltranssptgp.org/

Heather Stambaugh, LMHC CAP NCC

2033 E. Edgewood Drive, Suite 4
Lakeland, FL 33803, 863-271-7972, gglscounseling@gmail.com; http://www.lakelandfltherapy.com
LGBT Affirmative therapist - WPATH SOC, HRT readiness assessment/letter. FREE support group - 2nd & 4th Tuesdays Open to LGBTQQI & Allies-CALL OR EMAIL for location info (for safety of attendees).

Jacqueline Hubbard, M.D.

2653 McCormick Dr., Clearwater, FL 33759, 727-877-8225, http://HubbardMD.com Board Certified Child, Adolescent, and Adult Psychiatrist

John Nguyen, MSCP, LMHC

2431 Aloma Avenue

Winter Park, FL 32792, 321-209-5991, info@EngageThoughts.com; http://www.EngageThoughts.com Florida licensed mental health counselor providing counseling services to the LGBT community in a safe, collaborative, and respectful environment. Clients includes young children to older adults.

Cynthia Fisher, MSW (Emergence Counseling Services)

231 Riverside Dr. #301, Daytona Beach, FL 32117, 386-334-9130 cynthiaf@emergencecounselingservices.com

Please see my profile at www.psychologytoday.com. I am a member of WPATH. I offer support groups for trans teens and parents as well as individual, couples, and family counseling for LGBTQ clients.

• Rainbow Counseling of Tampa Bay

4554 Central Avenue, Suites E & F, St. Petersburg, FL 33711 aimee@rainbowcounselingtampabay.com; 727-314-1864; http://rainbowcounselingtampabay.com/ Aimee Beardslee, LMHC, LGBTQ+ Affirmative Therapist providing online counseling throughout Florida.

• Aimee Beardslee, LMHC, MS, EdS

LGBTQ+ Affirmative Therapist & Owner of Rainbow Counseling 4554 Central Avenue, Suites E & F, St. Petersburg, FL 33711 727-314-1864, aimee@rainbowcounselingtampabay.com, rainbowcounselingtampabay.com Specializes in serving the LGBTQ+ community by providing individual, couples, and group therapy. Office based counseling and groups offered in St. Petersburg, Florida and online (video) or phone counseling available to clients living anywhere in Florida. Can provide HRT and surgery letters.

Pamela Albert, LMHC

1600 W. Eau Gallie Blvd., Suite 201N, Melbourne, FL 32935, 321-339-9456

<u>PamelaAlbertTherapy@gmail.com; http://PamelaAlbertTherapy.com</u>

Mental health counseling for transgender, non-binary, gender fluid, etc. Adults and teens.

Keri K. Griffin, LCSW, CAP

925 South Semoran Blvd., Suite 114, Winter Park, FL 32792, 407-621-2638 Keri.Griffin@va.gov; http://www.orlando.va.gov/services/LGBT_Program.asp

Keri is the Orlando VA Medical Center LGBT Special Emphasis Program Manager and LGBT Veteran Care Coordinator.

Dr. Stephany Mahaffey at Authentic Life Transitions, LLC

3001 Aloma Ave, Suite 204, Orlando, FL 32792, 321-420-6095 drstephany@authenticlifetransitions.com; http://www.authenticlifetransitions.com Sliding scale & payment plans accepted. Individual/couples therapy, evaluation for medical transition, and a support group available. Therapy and evaluations available ONLINE to Florida residents.

• Dr. Stephany Mahaffey at Authentic Life Transitions, LLC

3001 Aloma Ave, Suite 204, Orlando, FL 32792, 321-420-6095 drstephany@authenticlifetransitions.com; http://www.authenticlifetransitions.com
Sliding scale & payment plans accepted. Individual/couples therapy, evaluation for medical transition, and a support group available. Therapy and evaluations available ONLINE to Florida residents.

Connected Coaching & Counseling

1600 W Eau Gallie Blvd, 201 L, Melbourne, FL 32904, 321-280-6508 <a href="mailto:com/www.StephanieSteenTherapy.com/www.Stephan

Deirdre Eberhart, LCSW

1600 W Eau Gallie Blvd, Suite K, Melbourne, FL 32935, 321-804-2758 eberhart.therapy@gmail.com

I work with the transgender community both individually and in groups. I also hold space for a peer led group called "Q Club" which is a free group that meets biweekly on Wednesdays from 6:30-8:00pm.

Bliss Healthcare Services

2901 Curry Ford Road, Orlando, FL 32806, 407-203-5984 Kmurphy@blisshs.com, https://blisshs.com/

We provide onsite mental health counseling to our patients, in addition to HRT, lab work and case management.

Primary Care Physicians

Dr. Brenda Berry

407-898-1500; http://brendabarrymd.com

Dr. Pinero

407-426-9693; http://www.pineromedical.com

• Dr Robert Faber

407-425-8121

http://robertmfaber.md.com

• Dr. Roberto Ortiz

Bliss Healthcare Services 2901 Curry Ford Rd, Suite #106

Orlando, FL 32806; 407-203-5984; Email: Rortiz@blisshs.com

• Dr. Adrianne Burrowes

CFP Physicians Group 985 State Road 436

Casselberry, FL 32707; 407-831-5252; http://www.cfpphysiciansgroup.com

• Dr. Barry Rodwick

Internal Medicine 2349 Sunset Pt Rd # 405 Clearwater, FL 33765; 727-216-6193

• Dr. Roy Finley

1100 62nd Ave S.

St. Petersburg, FL 33705; 727-866-3166

Dr. Hana Clements

1500 Lakeland Hills Blvd # 6 Lakeland, FL 33805; 863-687-9333

• David W. Lyter, MD, MPH

METRO

3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854 1315 E. 7th Ave, Suite 201, Tampa, FL 33605, 813-232-3808 Private Insurance, Medicaid, Medicare, & Self-Pay

Meredith Gray, MD

METRO

St. Petersburg Location:

3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854

Tampa Location:

1315 E. 7th Ave, Suite 201, Tampa, FL 33605, 813-232-3808

www.metrotampabay.org; Private Insurance, Medicaid, Medicare, & Self-Pay

Chris Rudisill

Director of LGBT Community Center Services

Metro Wellness and Community Centers

3251 3rd Avenue North, Suite 125, St. Petersburg, FL 33713

Phone (727) 321-3854 ext. 238, Fax (727) 327-7670, www.metrotampabay.org

LGBT Welcome Center

2227 Central Avenue, St. Petersburg, FL 33713 www.lgbtwelcomecenter.com

• Dr. Tim Carlson, M.D.

Palms Primary Care 1615 Pasadena Ave. South, Sute 430, St.Petersburg, FL 33707 Tel# 727-397-0606; Danielle Earley, Practice Manager

Endocrinologists

Dr. Paul Dimarco

417 Corbett St, Belleair, FL 33756; 727-441-4581

Dr. Wende Kozlow

3333 Cattleman Road, Suite 104, Sarasota, FL 34232; 941-379-1777

• Dr. Roberto Ortiz

Bliss Healthcare Services 2901 Curry Ford Rd, Suite #106, Orlando, FL 32806; 407-203-5984; Email: Rortiz@blisshs.com

Dr. Brenda M. Barry, M.D.

930 Lake Baldwin Lane, Orlando, FL. 32814; (407) 898-1500 ext 10; Email: WomenCare@cfl.rr.com Accepts most insurances. Does not take minors. Letter required. Physician that will supervise HRT, OB/GYN, (Estrogen for MTF).

• Jan Curtis, M.D.

Altamonte Primary Care 1706 E. Semoran Blvd., Apopka, FL. 32703; (407) 889-0007 Physician that will supervise HRT. (Testosterone for FTM).

• Wende Kozlow, M.D.

Endocrinologist 943 Beneva Rd., Sarasota and Bradenton Intercoastalmedical.com; 941-379-1777

Tim Blend, M.D.

Internist

The Blend Institute, 1911 Manatee Ave. Suite E #102, Bradenton, FI; 941-722-5600

• Paul DiMarco, M.D.

Internist

417 Corbett St, Clearwater, Fl, 33756; 727-441-4581

Craig Sweet, M.D.

Reproductive Medicine and Surgery World Plaza Lane, Ft. Myers, Fl 33907; 239-275-8118

• Cayce Jehaimi, M.D. (pediatric)

Pediatric Endocrinologist

15901 Bass Rd. #102, Ft.Myers, Fl; 239-204-3645; 239-343-9890

CENTRAL FLORIDA ADDITIONAL RESOURCES

Tampa Bay, St. Petersburg, Orlando, Melbourne

Education/Community Support

Southwest Florida Trans* Support Group

Southwest Florida Trans* Support Group provides a safe, supportive and secure environment for Transgender, Transsexual and Gender Variant people and their loved ones. Our Groups are facilitated by Mary G. Davenport, PhD., and Heather D. Eslien, M.A., LMHC Contact at (941)-840-0878 or heather.d.eslien@gmail.com or Dr. Davenport by phone at (941)-366-3134 for more info, or visit: www.swfltranssptgp.org

The 1st Saturday of each month: Trans* Feminine Support Group

The 2nd Saturday of each month: Trans* Masculine Support Group

The 3rd Saturday of each month: Loved Ones of Trans* and Gender Variant

LBGT Welcome Center

St. Petersburg, 727-201-4925 http://lgbtwelcomecenter.com/ Email: ChrisR@metrotampabay.org

Metro Wellness & Community Center

St. Petersburg Location 727-321-3854

http://www.metrotampabay.org/ Email: Info@metrotampabay.org

Tampa Location - 813-232-3108; Pasco & Hernando Location - 727-494-7625

Transgender & Crossdressers: Phi Epsilon Mu

http://crossdressflorida.com/index.htm Email: carolync@tampabay.rr.com

Ft. Meyers: Gamma Gamma Kappa, Tri-ESS group for Crossdressers

http://gammakappagamma.com Email: gemini46a@comcast.net

• All Transgender: Trans* Support Network of West Central Florida

http://transsupportnetwcf.com/ Email: brandi4961@yahoo.com Email: rreynolds60@tampabay.rr.com

CentralFlorida Crossdress/Social Meetup

http://www.meetup.com/Central-Florida-Cds-Tgirls-Social-Meetup/

• T-Network, Part of the Orlando LGBT Chamber of Commerce

321-800-3946

http://mbaorlando.org/

Email: gina.duncan@me.com

Southern Comfort Conference (SCC)

http://southerncomfortconference.org/

Email: Christy@sccatl.org

• Monthly support groups for male identified/female identified/loved ones of transgender people:

swfltranssptgp.org

ALSO Youth, Inc.

1470 Blvd of the Arts Sarasota, FL 34236

Contact Person: Donna E. Hanley, MA

Executive Director, ALSO Youth, Pronouns: she, her, hers

Office: 941-951-2576, www.alsoyouth.org www.facebook.com/alsoyouth

• LGBT Welcome Center

2227 Central Avenue St. Petersburg, FL 33713 727-201-4925

www.lgbtwelcomecenter.com
Email: LGBT@metrotampabay.org

METRO LGBT Centers

St. Petersburg Location: 3251 3rd Avenue North, St. Petersburg, FL 33713 727-321-3854

Tampa Location: 1315 E. 7th Ave, Suite 201 Tampa, FL 33605 813-232-3808

Pasco/Hernando Location: 4747 US Hwy 19 New Port Richey, FL 34652 727-494-7625

Email: LGBT@metrotampabay.org

Transgender support programs, social programs and events, education and training, HIV testing and prevention, HIV Case Management Services and Medical Care, Transgender Health Care, Smoking Cessation, Health and Wellness Programs, Yoga and Meditation, Cultural Competency Training, SAGE Tampa Bay (Older Adult Services), Substance Abuse, Youth programs.

• Gender Identity in Florida Today - G.I.F.T.

Orlando, FL Group Support - Friendships - Events/Socials - Advocacy https://giftorlando.org/ publicrelations@giftorlando.org

TRANS CENTRAL STATION - Orange County

Trans Central Station welcomes all individuals within the LGBT spectrum, their family and supporters. 7:00 to 8:30 pm on the 1st Tuesday of the month

FULL TIME TRANS - Orange County

a peer-to-peer support group in which transsexuals in transition and post-op transsexuals can meet to discuss problems specific to their situation. 7:00 to 8:30 pm on the 3rd Tuesday of each month.

BETWEEN THE LINES - Orange County
Still questioning their place among the spectr

Still questioning their place among the spectrum of gender, or for those of us who are existing between female and male, and even those who question gender roles. 7:00 to 8:30 pm on the 4th Tuesday of each month.

TRANS MEN - Orange County

Support group for FTM and trans masculine individuals. 7:00 to 9:00 pm on the 1st and 3rd Wednesdays of each month.

Meetings are held at The Center in Orange County The Center 946 North Mills Ave Orlando, Florida 32803 (407) 228-8272 thecenterorlando.org

Trans + Allies support group - Volusia County

Join us at the Collective Church for a supportive event featuring guest speakers, snacks as well as Game Night after the meeting. All people under the umbrella, allies, friends and family welcome! Donations Accepted.

Meetings are held at The Collective Church in Volusia County Collective Church 111 S Alabama Ave DeLand, Florida 32724 (321) 238-8341 wearecollectivechurch.com

• TRANSnFIT - Fitness Training, Coaching, Nutrition and Health

Orlando, FL Contact Coach Alexandria alegutier@gmail.com 786-863-4618 - Call or text http://coachalexandria.com

• Maleya Becerra-Williams (Outreach Counselor, LGBT+ knowledgeable)

Crosswinds Youth Services, Inc. 1407 Dixon Blvd, Cocoa, FL 32922

Cell: (321)258-0050

Email: maleyabecerrawilliams@crosswindsyouthservices.org;

Website: <u>www.crosswindsyouthservices.org</u>

Crosswinds Youth Services, Inc provides a multitude of resources for youth, including a youth shelter for 17 and under, transitional housing, case management, and outpatient counseling.

• Corrine Drive Counseling Center

3222 Corrine Drive, Suite A

Orlando, FL 32803 Cell: 407-716-7207

Email: corrinedrivecounselingcenter@gmail.com

Website: http://www.corrinedrivecounselingcenter.com

Both Joe Salg, LMHC and Dominique Barritt, LMHC specialize in work with the transgender

community... during all phases of transition.

• Chase Therapies

2400 S. Ridgewood Ave Suite 17

S. Daytona, FL 32119 Cell: (4079296251

Email: Jennifer.Marvin.61@gmail.com

Therapist is a Transgender Woman. LGBT staff members.

Transforming Children and Families

15 N. Tampa Ave Tampa, FL 33602 Cell: 4079296251

Email: Jennifer.Marvin.61@gmail.com

Therapist is a Transgender woman. There are also LGBT staff members.

Transgender & Crossdressers: Phi Epsilon Mu

P.O.Box 158

Highland City, FL 33846

Email: carolync@tampabay.rr.com

http://transsupportfl.com/

TG Support group for emerging TG folks, wives, and S/O's. Meets monthly in the Orlando area

• Bliss CARES Inc.

2901 Curry Ford Rd Suite 106

Orlando, FL

Jrodriguez@blisshs.com; 4072035984; http://Blisscares.org

Specialized in Patient Care, mental health and resources for Transgender.

Youth Services

• Zebra Coalition

407-228-1446

www.zebrayouth.org

Email: info@zebrayouth.org, Facebook: www.facebook.com/zebracoalition

• PFLAG Orlando: Parents, Family & Friends Support

www.pflagorlando.org

Email: pflagorlando@yahoo.com

• METRO LGBT Centers

St. Petersburg Location:

3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854

Tampa Location:

1315 E. 7th Ave, Suite 201, Tampa, FL 33605, 813-232-3808

www.metrotampabay.org, Email: LGBT@metrotampabay.org

Weekly Youth Support Programs, Free Counseling

LGBT Welcome Center 2227 Central Avenue St. Petersburg, FL 33713 727-201-4925

www.lgbtwelcomecenter.com

Email: LGBT@metrotampabay.org

Queer Youth Nights, Drop-ins

Aging Support

• The Center, Orlando

www.thecenterorlando.org

Email: director@thecenterorlando.org

SAGE Tampa Bay

METRO LGBT Centers 727-321-3854

www.metrotampabay.org

Email: LGBT@metrotampabay.org

Veteran Services

Tamara J. Reed (Program Manager & Outreach - LGBTQSA Special Emphasis)
 James A. Haley and C.W. Young Bay Pines Veterans' Hospitals
 Tampa, FL, (813) 972-2000, ext. 2131, Email: Tamara.Reed@va.gov

Keri K. Griffin-Edenfield LCSW, CAP

Orlando Veterans Administration Medical Center (Veterans Only) Orlando, FL, 407-621-2622, Email: Keri.Griffin@va.gov

Veterans Readiustment Counseling Services

Orlando, FL, 1-407-857-2800, Email: Elizabeth.Jackson3@va.gov

Out & Proud Veterans Of America

www.outandproudveterans.org

Interactive Online Veterans Shared Experiences

www.maketheconnection.net

Gender Expression

 METRO LGBT Centers 3251 3rd Avenue North St. Petersburg, FL 33713 <u>www.metrotampabay.org</u>, Email: <u>LGBT@metrotampabay.org</u> Ongoing group classes offered.

Vocal Coaching

Barbara Oliver M.Ed. CCC/SLP, Speech Pathologist (Voice and Communication Training)
 St. Petersburg, 727-418-3065, Email: babz1948@gmail.com

• Dr. Karen Wicklund

Lakewood Ranch

847-476-7464, wickland@singershealth.com, www.singershealth.com

• Dr. Karen Wicklund, DM, MHS CCC-SLP/L, SVS

Florida Center for Professional Voice/Of Special Note Inc.

8374 Market Street. Box 523

Bradenton, FL 34202

voice mail: (941)251-6694, fax: (941) 251-6697, www.singershealth.com

Skype ID: doctorsoprano, email: wicklund@singershealth.com

-Professor Emeritus, The Schools of Music and Communication Disorders,

Western Michigan University

- -Author of Singing Voice Rehabilitation, Second Edition, 2015, NICEV (National Institute for Continuing Education in Voice) Press
- -Provider of Singing Voice Specialist Training through National Center for Continuing Education in Voice (NICEV), a division of Of Special Note Inc.

Hair & Makeup

Wigs & More (Trans Owned)

Port Charlotte

941-979-9999, www.wigsanmore.com, Email: debbiebarry@gmail.com

Wig Villa

St. Petersburg

727-823-3100, www.wigvillaonline.com/ Email: wigvilla@verizon.net

Ritzy Rags

Wigs, Breast Forms, Cosmetics

Orlando, FL

407-897-2117, www.ritzyrags.com/ Email: ritzyragsemail@aol.com

Vicki McLoughlin

Mary Kay Cosmetics

Orlando, FL

321-544-5579 - Email: vickimc05@aol.com

Pizarro Hair Restoration Inc.-Marina Pizarro MD

7575 Dr Phillips Blvd. Suite #20, Orlando, FL 32819

info@drpizarro.com; 407-226-9300; www.drpizarro.com

With over 25 years of experience, Dr. Pizarro is a specialist who performs nothing but hair transplant surgery (FUE & FUT).

Electrolysis

• Mary J. Moffett

727-527-532 Tampa/St. Petersburg, FL

6S Boutique (Trans Owned)

St. Petersburg, FL

727-498-6590, <u>www.6sboutique.com</u> - Email: Andrew@6sboutique.com

• Transgender Consultation and Transformation Services: Trading Faces

Professional Electrolysis Center

Orlando, FL

407-260-0900, www.tradingfacesorlando.com

Orlando Institute For Electrolysis & Laser Hair Removal

407-295-2081, http://orlandoinstitute.com/ Email: michele@orlandoinstitute.com/

Aesthetics by Karen Marlise

9191 Park Blvd N, Seminole, FL 33777

www.tampabaylaserhairremoval.com/, Phone: (727) 398-4187

Noemi Fernandez Dejonge, Electrologist

3301 N Howard Ave, Tampa, FL 33607

www.hairremovalfl.com/, Phone: (813) 875-1025

James at Badar's Hair and All

2321 E Fowler Ave, Tampa, FL 33612

Phone: (727) 421-4001

Legal

• METRO LBGT Centers

3251 3rd Avenue North, St. Petersburg, FL 33713

www.metrotampabay.org, Email: LGBT@metrotampabay.org, Free legal consultation by appointment.

Surgery Resources

Dr. Jessica Vaught

21 Columbia St, #101, Orlando, FL 32806, 321-841-6060

http://www.winniepalmerhospital.com/physician-finder/jessica-m-vaught-md/

Performs hysterectomies for trans men. Very trans friendly.

Daniel P Greenwald, MD

1208 E Kennedy Blvd Suite 221, Tampa, FL 33602

Danielpgreenwald@gmail.com, 813-258-2425, http://bayshoreplasticsurgery.com

Dr. Michael Fountain

1210 Waterman Way, Suite 1210, Tavares, FL 32778, 352-343-2364

http://LakeCountyUrology.com

M2F orchiectomy

Veteran Services

Orlando VA Medical Center

5201 Raymond. St, Orlando, FL 32803

Keri.Griffin@va.gov, 407-621-2622, http://www.orlando.va.gov/services/LGBT Program.asp

I work as the Orlando VA LGBT Special Emphasis Program Manager. I provide individual, couples, family, & group therapy as well as many other services, please contact me to find out more.

The Legal Aid Society of the OCBA, Inc.

100 E Robinson Street, Orlando, FL 32801 jmoblev@legalaidocba.org, 407-790-6637, Civil Legal Aid

NORTH FLORIDA RESOURCES

Jacksonville, Gainesville, Tallahassee, Pensacola

Mental Health Therapists

Kristie Overstreet LMHC, LPC, CAP, NCC

Licensed Mental Health Counselor - Licensed Professional Counselor - Certified Sex Therapist - Certified Addiction Professional

www.KristieOverstreet.com

Therapy Department

4540 Southside Boulevard Suite 401, Jacksonville, FL 32216

Email: <u>Kristie@TherapyDepartment.com</u>, (904) 566-9256, <u>http://www.TherapyDepartment.com</u>. Accepts many insurances & self-pay. Provides HRT letters. Hosts a free trans support group.

Noelle Pomeroy, PhD, LMHC

Jacksonville Center for Sexual Health 12443 San Jose Blvd., Jacksonville, Florida 32223 www.jaxsexualhealth.com

• Dr. Jennifer Sager, Ph.D.

22 S.W. 7th Terrace, Gainesville FL 32601, 352-378-2829

Accepts Blue Cross Blue Shield. Costs: \$175(initial session) & \$125(following 50 minute sessions).

Melanie Mickey

Pathways Counseling & Consulting Services, Inc. 9521 Shellie Road, Suite 15, Jacksonville, FL 32257, 904-619-3010

• Dr. Charles Martin, Ph D.

3600 N.W. 43rd Street, E-4, Gainesville, Florida 32606, 352-375-7756, info@drcharlesmartin.com

Noelle Pomeroy, PhD, LMHC

1637 Race Track Road Suite 225, Saint Johns, FL 32259, 904-383-7613, www.julingtoncreekcounseling.com

Matt Borer, Ph.D. LMFT

2720 Park St. Office 209, Jacksonville, Fl. 32205, 904-874-1387

Notes: Works specifically with transgender clients.

Marcy Weiss, Ph.D., LCSW, CEAP, CAP, SAP

561-702-2228

Email: mrw417@aol.com

Lisa J. Moore, LMHC

Mail: P.O. Box 60552, Jacksonville, FL 32236

Office: 2116 Park St., Jacksonville, FL 32204, 904-389-7168

Patricia Lee O'Haver

1727 Blanding Blvd., Suite 105 Jacksonville, Florida 32210

The Alternatives Group, 904-446-5175, 904-772-1775, Email: patricia gal@yahoo.com

Alan Kagan, MD, Psychiatrist

850-656-5523

• Dr. Ellen Shapiro, Clinical psychologist

1003 N Adams, Tallahassee, FL 32303, 850-222-0003, Email: DrEllenShapiro@gmail.com

• Elizabeth Kamphausen-Doan

Finding Your Wings, LLC

1113 S. Magnolia, Tallahassee, FL 32301, 850-274-3992

Email: Liz4therapy@earthlink.net www.findingyourwings.net

Lorin Brand

109 W. 4th Ave. Tallahassee, FL 32303, 850-308-5429, Email: lorinbrand@gmail.com

• Ludmila De Faria, MD, Psychiatrist

FSU Thagard Health Clinic

2634 Capital Circle NE., Tallahassee, Florida 32308, 850-523-3200

leshai T. Bailey-Davis, M.S., CST

Board Certified Sex Therapist - Transgender Care Therapist - Registered Mental Health Counseling Intern

Kink Aware Therapist - Certified Clinical Trauma Professional

Bailey House of Wellness, LLC

3190 Post Street, Jacksonville, Florida 32205

1950 Lee Road, Suite 114, Winter Park, Florida 32789

(904)738-3506 (office)-Jacksonville Location; (321)394-8675 (office)-Orlando(Winter Park) Location www.bhowyou.com

• Emily Franck Hoon, PhD - Therapist

2531 NW 41st Street, Gainesville, FL 32606, 352-375-4666

• Tamara Powell

Arya Therapy Services

435 E. Zaragoza Street

Pensacola, FL 32502, Email: arya.therapy@gmail.com, Cell: (850) 516-9590

Web: www.aryatherapy.com, FB: www.facebook.com/aryatherapyservices

• A Safe Port Counseling Center

1720 W. Fairfield Dr Suite 505

• Free Trans Support Group

406 McIntosh Ave, Orange Park, FL 32073 edna@escounseling.com: Second Tuesday of the month at 4 p.m. Contact Edna to confirm date and location before attending

Free Trans Support Group

Noelle@jaxsexualhealth.com, 904-383-7613, http://jaxsexualhealth.com/; Usually second or third Wednesday of the month at 7:30 p.m. in Jax Public Library South Mandarin Branch (12125 San Jose Blvd). Contact Noelle to confirm location and date.

Possible Self Counseling

8553 Argyle Business Loop Suite 5B Jacksonville, FL 32244, 904-257-0478 possibleselfcounseling@gmail.com, www.possibleselfcounseling.com/

Melissa Lee-Tammeus, PhD, LMHC Individual/Family Counseling for HRT/SRS - for those exploring and/or seeking Hormone Replacement Therapy (HRT) or Sexual Reassignment/Confirmation Surgery (SRS).

NORTH FLORIDA RESOURCES

Jacksonville, Gainesville, Tallahassee, Pensacola

Primary Care Providers

• Dr. Howard Green

905 Beach Blvd, Jacksonville Beach, FL 32250, 904-241-8300

• Dr. Julie Kelch and Dr. John Ness

616 Universal Dr, Tallahassee, FL 32303, 850-385-1839

• Dr. Laura Preston

Capital Regional Medical Center 3217 Capital Medical Blvd, Tallahassee, FL 32308, 850-942-5728 www.capitalregionalmedicalcenter.com

Dr. Jonathan Appelbaum

FSU-TMH Internal Medicine Residency Clinic 1300 Miccosukee Road, Tallahassee, FL 32308, 850-431-7900 Email: jonathan.appelbaum@med.fsu.edu

Also provides HRT.

Wendy Thompson

Tallahassee Primary Care 2858 Mahan Dr. #5, Tallahassee, FL 32308, 850-942-0180 www.tallahasseeprimarycare.com

Endocrinologists

• Michael Fox, MD, Endocrinologist

Jacksonville Center for Reproductive Medicine 7051 Southpoint Pkwy, Suite 200 Jacksonville, FL 32216 904-493-2229

www.jcrm.org

Physician that oversees HRT. Experience working with older clients.

• C.W. Randolph, Jr., M.D., R.Ph.

Ageless & Wellness Medical Center 1891 Beach Blvd., Suite 200 Jacksonville Beach, FL 32250 904-249-3743

http://www.agelessandwellness.com/

Physician that oversees HRT. Experience working with older clients.

Michelle Mendez, MD

Mendez Family Care 904-264-2752 1909 Beach Blvd. Ste 102 Jacksonville Beach, FL 32250

http://mendezfamilycare.doctorsoffice.net

This doctor does not permit trans females to dress in feminine clothing in her practice. Confirmed by NP 4/15/2014. Only in-house shots.

• Dr. Hashey

First Coast Family Medicine 9191 R G Skinner Pkwy #603 Jacksonville, FL 32256 904-538-0950

www.firstcoastdoctor.com

Physician that oversees HRT. This location does in-house injections only (no take home injectable hormone prescription). Cost is \$48/shot (usually weekly) for self-pay, insurances vary.

Jeffery Johns, DO

St. Vincent's Family Medicine 2627 Riverside Ave Jacksonville, FL 32204 904-308-7372

Sadaf Jeelani, MD

4340 Newberry Road, Suite 301 Gainesville, FL 32607 352-372-9414

Email: robertsb@accentmd.com

• Dr. Jonathan Appelbaum

FSU-TMH Internal Medicine Residency Clinic 1300 Miccosukee Road Tallahassee, FL 32308 (850) 431-7900

Email: jonathan.appelbaum@med.fsu.edu

Celeste Hart

North Florida Regional Thyroid Center 1705 S. Adams Tallahassee, FL 32301 850-224-7154 www.thyroidcenter.com

• Terry Sherraden

Tallahassee Endocrine Associates 2406 East Plaza Dr. Tallahassee, FL 32308 850-877-7387

Vishnu N. Behari, M.D.

Gulf Coast Primary Care 1921 East Nine Mile Road Pensacola, FL 850-479-4791

• UF Health Youth Gender Program

2000 SW Archer Road Gainesville, FL 32601, 352-265-7337

http://pediatrics.med.ufl.edu/patient-care/hospital-clinics/youth-gender-program/

UF Health Youth Gender Program is a multidisciplinary clinic, medical and psychological, specifically for transgender youth up to age 21. A "letter" is not required to make an initial appointment.

Additional Resources

Gynecologists

• Todd Rasner, M.D., F.A.C.O.G. Sekine, Rasner, & Brock, M.D., P.A.

Obstetrics, Gynecology, and Fertility 11945 San Jose Blvd., building 400, Jacksonville, FL 32223 904-262-5333

Micheal Fox

Jax Center for Reproductive Medicine 7051 Southpoint Pkwy S Ste 200, Jacksonville, FL (904) 493-2229

• Planned Parenthood of South, East, and North Florida

Jacksonville Health Center 5978 Powers Ave Jacksonville, FL 32217 904-399-2800

General Resources

• Dan Sostrom, President

PFLAG St. Augustine PO Box 573, St. Augustine, FL 32085-0573

Phone: (904) 853-0808 Email: pflagstaug@gmail.com

Facebook: www.facebook.com/pflagstaug

Kaitlin Legg,

Assistant Director, LGBT Resource Center TransAction Florida Advisory Board, 2015-2016 University of North Florida

Office Phone: 904.620.2939 Website: http://www.unf.edu/lgbtrc Facebook: http://www.facebook.com/unflgbt

Lavender Network

The Lavender Network's goal is to bring the LGBTQ community, their friends and families, together through gardening and related activities.

thelavendernetwork@gmail.com; Facebook: www.facebook.com/thelavendernetwork

PFLAG Jacksonville

Through support, education, and advocacy, PFLAG of Jacksonvile promotes the Health and well-being of LGBT persons, family, and friends.

Garry Bevel, Current President 24/7 Helpline: 904.737.3329 General E-Mail: info@pflagjax.org

USPS: P.O. Box 2971 Jacksonville, FI 32203

Website: www.pflagjax.org

Jacksonville Transgender Action Committee (JTAC)

JTAC works to improve the lives of transgender and gender nonconforming individuals in the Jacksonville community through education, support, and advocacy.. The group hosts biweekly socials every other thursday, as well as monthly committee meetings the third Tuesday of each month. Phone:904-620-2939

k.legg@unf.edu; https://www.facebook.com/Jax.Trans.Action

• Transgender Tallahassee

Margeaux Mutz is the contact person for Transgender Tallahassee. We do a monthly chat group plus various other events through out the year. We are a conduit to education of the non-trans community as well through our speaker bureau and other interaction with the local media etc. Our chat group meets once a month at:

Waterworks, 1133 Thomasville Rd. 32301.

web: <u>transgendertallahassee.com</u>; <u>email</u>: <u>transgendertallahassee@gmail.com</u> https://www.facebook.com/Transgender-Tallahassee-138910469495684/

The Family Tree

The Family Tree is chaired by Steven Hall who can be reached at steven@familytreecenter.org. The Family Tree is Tallahassee's LGBT organization. They present our yearly Pride Celebration and also serve to disseminate info throughout the community both LGBT and not. The Family Tree is the non-profit organization or which Transgender Tallahassee is linked. No physical address at this time. web: familytreecenter.org, email: steven@familytreecenter.org, Phone: 850-222-8555

The Outlet

Contact person is Rosie Richeson. They provide bi-monthly trans youth group meetings ages 16-26. Their physical address is 1200 Stearns St. theoutlettallahassee@gmail.com

• Dr Noelle Pomeroy's Trans+Gender Nonconforming Support Group

12125 San Jose Blvd, South Mandarin Library Jacksonville, FL 32223

Noelle@jaxsexualhealth.com; http://jaxsexualhealth.com/groups/

Edna Schafer, LMHC Trans+Gender Nonconforming Support Group

406 McIntosh Avenue Orange Park, FL 32073 edna@ecounseling.com

Youth/Young Adult Support

• UNF LGBT Resource Center

1 UNF Drive Jacksonville, FL 32224 904-620-4720 www.unf.edu/lgbtrc

JASMYN (Jacksonville Area Sexual Minority Youth Network)

923 Peninsular Place Jacksonville, FL 32204 P: (904) 389-3857

Gay Youth Information Line: (904) 389-0089 E-mail: jasmyn@jasmyn.org, www.jasmyn.org

Mental Health/Addiction/Recovery Support

Freedom to be Me

FreedomToBeMeLGBT@yahoo.com
904-516-8088
https://www.facebook.com/Freedom2BMe

Lakeview Health

https://www.lakeviewhealth.com/ 1900 Corporate Square Blvd, Jacksonville FI 32216 800-884-1727

HIV/AIDS Care

NFAN (Northeast Florida AIDS Network) 2715 Oak St, Jacksonville, FL 32205 (904) 356-1612, http://www.nfanjax.org/

• Florida Counseling and Evaluation Services

6950 Philips Highway, Suite 11 Jacksonville, FL 32216 agauler@flces.com
904-239-3677

General

LGBT Jax Directory: http://www.lgbtjax.org/
 A resource list of LGBT-friendly resources, including businesses, legal services, and health-related providers.

Acupuncture Physician in Pensacola

Dr. Peter J Shark, AP NNTS Gulf Coast Wellness

310 E Government St., Pensacola, FL, 850-390-0774, drshark@wellgulfcoast.com http://wellgulfcoast.com

• Brandi Skipalis, Notary Public

Jacksonville, FL 32218, 904-476-3207

b.skipalis@outlook.com

Notary services available in Northeast Florida for standard notarization (\$10) and weddings (\$30) by appointment. Fully LGBTQ+ inclusive and trans-affirming.

Support Centers and Social Groups

Trans Affairs in Gainesville

22 SE 5th Ave, Ste D Gainesville, FL 32601 gainesvilletransaffairs@gmail.com 352-474-2774

https://www.facebook.com/transaffairs/?fref=ts

A local Trans Activism group seeking to strengthen the Transgender Community through social activism, community outreach, and seeking social justice!

• TranQuility: Transgender Community Group of Alachua County

2401 SW Archer Road (The building is called HealthStreet) Gainesville, FL 32608

alachuatranquility@gmail.com

678-907-4616

https://www.facebook.com/alachua.tranquility

TranQuility strives to educate, support, and care for all transgender people, their friends, families, and allies. Meets monthly for discussion on a specific topic, connection, and personal sharing.

Strive -- Social Trans Initiative

3109 East Brainerd Street Pensacola, FL 32503

strive.general@gmail.com

850-637-9590

Strive can find housing, employment, and other resources for trans people along the Gulf Coast as they become available, but can also go outside the Northwest Florida area if need be.

NATIONAL RESOURCES

Legal

• Female to Male (FTM) International

www.ftmi.org 877-267-1440

Email: info@ftmi.org

Serves the Female-to-Male community by providing support meetings for FTMs and their families in cities around the world.

National Center for Transgender Equality (NCTE)

www.transequality.org

202-903-0112

Email: NCTE@NCTEquality.org

National social justice organization devoted to ending discrimination and violence against transgender people through education and advocacy on national issues of importance to transgender people.

Transgendered American Veterans Association (TAVA)

www.tavausa.org

Formed to address the growing concerns of fair and equal treatment of transgender veterans and active duty service members.

Transgender Law Center (TLC)

www.transgenderlawcenter.org

415-865-0176

Email: info@transgenderlawcenter.org

California-based civil rights organization advocating for transgender communities. TLC utilizes direct legal services, public policy advocacy, and educational opportunities to advance the rights and safety of diverse transgender communities.

Transgender Law & Policy Institute (TLPI)

www.transgenderlaw.org

Brings experts and advocates together to work on law and policy initiatives designed to advance transgender equality.

Servicemembers United

www.ServicemembersUnited.org

Non-partisan and non-profit organization based in Washington, D.C.; the nation's largest organization of LGBT troops and veterans of the U.S. armed forces, as well as their partners and civilian allies

Servicemembers Legal Defense Network

www.sldn.org

Supports, defends and empowers LGBT service members, veterans and their families; mission is to strengthen military culture by securing equal opportunity, equal protection and equal benefits, without threat of harassment or discrimination, for LGBT service members and veterans.

NATIONAL RESOURCES

Human Rights Campaign (HRC)

www.hrc.org

America's largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality; works to secure equal rights for LGBT individuals and families at the federal and state levels by lobbying elected officials, mobilizing grassroots supporters, educating Americans, investing strategically to elect fair-minded officials and partnering with other LGBT organizations.

Immigration Equality

www.immigrationequality.org

National grass roots organization that works to end discrimination in U.S. immigration law, to reduce the negative impact of that law on the lives of lesbian, gay, bisexual, transgender and HIV-positive people, and to help obtain asylum for those persecuted in their home country based on their sexual orientation, transgender identity or HIV-status.

• Gay & Lesbian Alliance Against Defamation: TRANSGENDER

http://www.glaad.org/transgender/resources

Trans 101: http://www.glaad.org/transgender/trans101

Dedicated to promoting and ensuring fair, accurate and inclusive representation of people and events in the media as a means of eliminating homophobia and discrimination based on gender identity and sexual orientation.

Workplace Advocates: Out & Equal

http://outandequal.org/

• Trevor Helpline

1-866-488-7386

Assistance for harassment/gay bashing

American Civil Liberties Union (ACLU)

www.aclu.org/getequal

LGBT & Aids Project: https://www.aclu.org/about-aclu-lesbian-gay-bisexual-transgender-aids-project

National Association of Social Workers (NASW)

http://www.socialworkers.org/diversity/default.asp

Help Starts Here

http://www.helpstartshere.org/kids-families/veteran-affairs

• Sylvia Rivera Law Project

http://srlp.org/ 212-337-8550

Email: info@srlp.org

TransYouth Family Allies

888-462-8932

http://www.imatyfa.org/

OutServe-Servicemembers Legal Defense Network (SLDN)

P.O. Box 65301 Washington, DC 20035 8700-528-5301

http://www.outserve-sldn.org

OutServe-Servicemembers Legal Defense Network has represented the United States Lesbian, Gay, Bisexual and Transgender (LGBT) service member and veterans effected by Don't Ask Don't Tell worldwide.

Education/Community Support

Tri-ESS National

http://www.tri-ess.org/

Email: JEFTRIS@aol.com

Educational, social and support group for heterosexual crossdressers, their partners, the spouses of married crossdressers and their families. Expressing both the masculine & feminine sides of self.

PFLAG Parents and Friends of Lesbians and Gays

Phone: 202-467-8180

Website: http://community.pflag.org/, Email: info@pflag.org/, Highly active in educating and advocating for transgender needs.

• Connected Coaching & Counseling

1600 W Eau Gallie Blvd, 201 L, Melbourne, FL 32904, 321-280-6508 contact@StephanieSteenTherapy.com, www.StephanieSteenTherapy.com

Mental Health Services for LGBT teens and their families. Parent coaching available nationwide.

LGBT Wellness Summit

PO Box 3418, Sedona, AZ 86340, 480-788-1326

lisa@lisamoorelgbt.com, http://lgbtwellnesssummit.com

It is free to register. http://lgbtwellnesssummit.com/order/ We want the trans community aware of this amazing summit, airs for the one year Orlando tragedy. You can be affiliate, 50% pay back. Lisa

Dr. Kristie Overstreet

18821 Delaware St, Suite 208, Huntington, CA 92648, 904-566-9256 Kristie@TherapyDepartment.com, www.TherapyDepartment.com

Video counseling Florida, Georgia, and Louisiana. HRT and gender confirming surgery letters. Assistance with gender marker letters and name changes. Free transgender virtual support group.

Medical

World Professional Association. For Transgender Health (WPATH)

Phone: 612-624-9397

Website: http://www.wpath.org/, Email: wpath@wpath.org

• Out of State Surgery Provider

Dr. John Taylor 194 Highway 35, Red Bank, N.J. 07701, 732-707-1932 www.allurenj.com

HealthLabs.com

FLORIDA REQUIREMENTS

Changing the Gender Marker on Your Driver's License

To request a gender different from what appears on the driver license or identification card you must provide a signed original statement on office letterhead from the attending medical physician (internist, endocrinologist, gynecologist, urologist or psychiatrist).

This medical certification must include the following items:

- 1. Physicians full name;
- 2. Medical license or certificate number;
- 3. Issuing state or other jurisdiction of medical license/certificate;
- 4. Drug Enforcement Administration (DEA) registration number assigned to the physician;
- 5. Address and telephone number of the physician;
- 6. Language stating that he/she is the attending physician for the customer and that he/she has a doctor/patient relationship with the customer.
- 7. Language stating the customer is undergoing appropriate clinical treatment for gender transition to the new gender (male or female); and
- 8. Language stating, "I declare under penalty of perjury under the laws of the United States the forgoing is true and correct."

We hope the above information provides better clarification and addresses your concern.

We hope this information is helpful, this matter has been closed by our Customer Service Department. If you have further questions you may contact us by phone at(850)617-2000 or submit a new question athttp://www.flhsmv.gov/html/contact2.html

The Department of Highway Safety and Motor Vehicles is committed to Service, Integrity, Courtesy, Professionalism, Innovation and Excellence in all we do.

ORIGINAL INQUIRY:

Hello, I am currently in the process of going from Male to Female, I have been looking for information in writing that clearly indicates the requirements for having my gender marker changed once the name change has been done. Their seems to be a lot of information on the web, but none of it is clear on do you need a letter from the doctor who is supervising your hormones. to it can only be done once Sexual reassignment surgery has taken place. I have seen that you do not need SRS and a letter indicating that your birth certificate was changed. If so with that, what can you do when the state where you were born only changes the birth certificate after SRS. it seams to be a bit confusing and you tend to get different answers when you call this is why I would like to have in writing what is the clear expectation of the state to me the requirements of the state. Thank you for your time in this matter.

Warmly, Morgan

MY QUESTION IS ABOUT IF YOU HAVE NOT HAD SEXUAL REASSIGNMENT SURGERY My question is prior to SRS to change the Drivers License to have FEMALE put on it, what are the requirements? I understand step one is to legally change my name Step two is to change your SSN what are the next steps to change the gender marker without having SRS?

FLORIDA REQUIREMENTS

How to Legally Change Your Name

INSTRUCTIONS FOR FLORIDA SUPREME COURT APPROVED FAMILY LAW FORM 12.982(f), PETITION FOR CHANGE OF NAME (FAMILY) (06/10)

When should this form be used?

This form should be used when a family wants the court to change its name. This form is **not** to be used in connection with a **dissolution of marriage**, **paternity**, or adoption action. If you want a change of name because of a dissolution of marriage, paternity, or adoption action that is not yet final, the change of name should be requested as part of that case.

This form should be typed or printed in black ink and must be signed before a <u>notary public or deputy clerk</u>. You should <u>file</u> the original with the <u>clerk of the circuit court</u> in the county where you live and keep a copy for your records. The petition should only be completed for one adult. If you wish to change the name(s) of another adult and/or any child(ren), you should complete and file with the clerk of court the attached Supplemental Form(s) for Petition for Change of Name (Family) for each additional family member. **Be sure that the bottom of each page of each supplemental form is initialed.**

What should I do next?

Unless you are seeking to restore a former name, each adult petitioner must have fingerprints submitted for a state and national criminal history records check. The fingerprints must be taken in a manner approved by the Department of Law Enforcement and must be submitted to the Department for a state and national criminal history records check. You may not request a hearing on the petition until the clerk of court has received the results of your criminal history records check. The clerk of court can instruct you on the process for having the fingerprints taken and submitted, including information on law enforcement agencies or service providers authorized to submit finger prints electronically to the Department of Law Enforcement. The process may take several weeks and you will have to pay for the cost of processing the fingerprints and conducting the state and national criminal history records check.

If any of the children for whom you are requesting this change of name are not the legal children of both adults filing this petition, you must obtain the consent of the legal parent(s). A parent not named as a <u>petitioner</u> in this action may consent by submitting a **Consent for Change of Name (Minor Child(ren))**, Florida Supreme Court Approved Family Law Form 12.982(d).

If the other parent does not consent to the change of name, you may still have a hearing on the petition if you have properly notified the other parent about your petition and the hearing. If you know where he or she lives, you must use personal service. If you absolutely do not know where he or she lives, you may use constructive service. For more information about personal and constructive service, you should refer to the "General Instructions for Self-Represented Litigants" found at the beginning of these forms and the instructions to Florida Family Law Rules of Procedure Forms 12.910(a) and 12.913(b) and Florida Supreme Court Approved Family Law Form 12.913(a). The law on constructive service is very complex and you may wish to consult an attorney regarding constructive service.

Next, you must obtain a <u>final hearing</u> date for the court to consider your request. If you are seeking to restore a former name, hearing on the petition MAY be held immediately after the petition is filed. The final hearing on any other petition for a name change may be held immediately after the clerk of court receives the results of your criminal history records check. You should ask the clerk of court, <u>family law intake staff</u>, or <u>judicial assistant</u> about the local procedure for setting a hearing. You may be required to attend the hearing. Included in these forms is a <u>Final Judgment of Change of Name (Family)</u>, Florida Supreme Court Approved Family Law Form 12.982(g), which may be used when a judge grants a change of name for a family. If you attend the hearing, you should take the <u>final judgment</u> form with you. You should complete the top part of this form, including the circuit, county, case number, division, the name(s) of the petitioner(s) and leave the rest blank for the judge to complete. It should be typed or printed in black ink.

If the judge grants your petition, he or she will sign this <u>order</u>. This officially changes your family's name. The clerk can provide you with <u>certified copies</u> of the signed order. There will be charges for the certified copies, and the clerk can tell you the amount of the charges.

FLORIDA REQUIREMENTS

How to Legally Change Your Name (Continued)

INSTRUCTIONS FOR FLORIDA SUPREME COURT APPROVED FAMILY LAW FORM 12.982(f), PETITION FOR CHANGE OF NAME (FAMILY) (06/10)

Where can I look for more information?

Before proceeding, you should read "General Information for Self-Represented Litigants" found at the beginning of these forms. For further information, see section 68.07, Florida Statutes.

You may access forms needed at

http://forms.uscourtforms.com/Florida/pdf%5C1%20Statewide%5CFamily%20Law%5CName%20Change/Petition%20For%20Change%20Of%20Name%20Adult%20w-Instructions%20%7B12.982%28a%29%7D.pdf

Special notes...

The heading of the form calls for the name(s) of the **petitioner(s)**. This is (are) the parent(s) who is/are requesting the change of their family's name(s). The judicial circuit, case number, and division may be obtained from the clerk of court's office when you file the petition.

It may be helpful to compile a list of all of the people and places that will need a copy of the final judgment. This list may include the driver's license office, social security office, banks, schools, etc. A list will help you know how many copies of your order you should get from the clerk of court after your hearing.

Remember, a person who is NOT an attorney is called a nonlawyer. If a nonlawyer helps you fill out these forms, that person must give you a copy of a **Disclosure from Nonlawyer**, Florida Family Law Rules of Procedure Form 12.900(a), before he or she helps you. A nonlawyer helping you fill out these forms also **must** put his or her name, address, and telephone number on the bottom of the last page of every form he or she helps you complete.

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NATIONAL REQUIREMENTS

Updating Your U.S. Passport

Identification Requirements for Gender Reassignment Applicants for US Passport

If you are in the process of or have completed gender reassignment, please note:

- The ID you present with your application must accurately reflect your current appearance (see ID photocopy requirements on Step 4 of the previous page).
- The passport photo submitted with your application must accurately reflect your current appearance.
- In order to have the passport issued in your new gender, you must submit a physician certificate with your application that validates whether your gender transition is in process or complete.
- Requirements for all elements of the passport application aside from gender still apply, including evidence of legal name change (if applicable).

If a physician certifies that your transition is complete, you are eligible for a full validity ten-year passport. The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician's full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate
- Drug Enforcement Administration (DEA) registration number assigned to the physician
- Address and telephone number of the physician
- Language stating that he/she is your attending physician and that he/she has a doctor/patient relationship with you
- Language stating you have had appropriate clinical treatment for gender transition to the new gender (male or female)
- Language stating "I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct"

If a physician certifies that your transition is in process, you are eligible for a limited validity two-year passport. The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician's full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate

A limited passport book can be extended to the full ten-year validity book with no additional fee by submitting Form DS-5504 within two-years of the passport issue date.

Updating Your Social Security Information

Follow this link to the SSA website which will show all info needed for Social Security Administration:

https://secure.ssa.gov/poms.nsf/lnx/0110212200

The SSA policy now permits a transgender person to change their gender marker upon submission of one of the following types of documents:

- A letter from the person's doctor confirming that the person has undergone "appropriate clinical treatment for gender transition";
- A full-validity, 10-year U.S. passport that includes the person's correct gender;
- · A state-issued birth certificate that shows the correct gender; or
- A court order recognizing the person's gender.

Example Certification from Attending Physician

(Attending Physician's Official Letterhead)

I, (physician's full name), (physician's medical license or certificate number), (issuing State of medical license/certificate), (DEA Registration number), am the attending physician of (name of patient), with whom I have a doctor/patient relationship.

(Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender male or female).

Or

(Name of patient) is in the process of gender transition to the new gender (specify new gender male or female). I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct.

Signature of Physician Typed Name of Physician Date

Sample Letter 2 from Licensed Physician

(Physician's Address and Telephone Number)

I, (physician's full name), (physician's medical license or certificate number), (issuing U.S. State/Foreign Country of medical license/certificate), am the physician of (name of patient), with whom I have a doctor/patient relationship and whom I have treated (or with whom I have a doctor/patient relationship and whose medical history I have reviewed and evaluated). (Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender, male or female).

I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct. Signature of Physician

Typed Name of Physician

Date