EQUALITY FLORIDA
FLORIDA TRANSGENDER RESOURCE GUIDE

Last Update: April 2022

Special Thanks to…

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Ashley Brundage  Tricia Russel  Kaitlin Legg  Carolynn (Tampa Bay)  Tristan Byrnes
Tobias Packer  Paul C. Briggs  Aryah Lester

Thank you for your contributions.

Original guide compiled and submitted by Ashley Williams on June 2, 2015 under supervision of Gina Duncan & Morgan Laisch.

Current guide contains the following:
- Crisis hotlines
- Mental health therapists
- Primary care physicians
- Endocrinologists
- National legal resources
- Florida-specific information on updating legal documents

Additional resources provided will include:
- Gynecologists
- HIV/STD Testing
- Surgery resources
- Support centers & social groups
- Hair & Makeup services
- Vocal coaching
- Electrolysis
- Veteran services
- Youth services

Can’t find the resource you need?
Email Nikole@equalityflorida.org to request or submit an addition to this guide.

Please consider recommending one of the following trans-friendly resources:
- Support groups
- Vocal coaches
- OB/GYN listing in Central & South Florida
- Medical & Legal resources in Central Florida
- Education/Community Support, Gender Expression, & Legal Resources
PREFACE

TransAction Florida was formed in 2014 by Equality Florida, the state’s largest LGBT advocacy organization for the purpose of developing a statewide transgender inclusion initiative. This initiative was launched with three broad objectives: To educate Florida’s major employers on effective transgender inclusion protocol, to advocate for the trans community in a broader and more structured way, and to be an integral part of all public policy that involved transgender rights. To achieve these, and even broader goals across the Sunshine State, we formed TransAction Florida, which consists of transgender community leaders from all parts of our state.

As we see consistent attacks on our community, the need for quality health care and competent service providers for the transgender community is rapidly increasing. The Transgender Resource Guide has been developed to provide a directory of quality trans-friendly service providers from across the state of Florida. Our goal is that this will be a living resource guide which will be updated regularly and that we will add necessary resources as the needs of our community continue to grow.

Nikole Parker
Equality Florida, Director of Transgender Equality
Dear Reader,

With the staggering rates of suicide, violence, and discrimination that the transgender community encounters, please know that YOU DON’T HAVE TO DO THIS ALONE.

You are an amazing, talented, and important member of the community and the world, even if people don’t tell you that often enough.

It is my hope that this guide offers you supportive resources to help you express who you are and thrive being the person you want to be.

No one said it would be easy, but if anyone can do it, you can.

I wish you all the happiness, love, light and success on your journey and throughout your lifetime.

– Ashley Williams

Master of Arts in Mental Health Counseling, 2016
Rollins College

NATIONAL CRISIS HOTLINES
If you or anyone you know ever needs them.

- **National Transgender Lifeline Crisis Line** (Staffed by Transgender Individuals) 1-877-565-8860
  [http://www.translifeline.org/](http://www.translifeline.org/)
  Organization in need of volunteers; locale is not a problem.

- **Crisis Help: The Trevor Project**
  24 Hour Telephone: 866-488-7386
  TrevorText, 24 Hour confidential text messaging with Trevor counselor: Text START to 678-678

- **Veterans Crisis Line (also available for non-veterans)**
  24 Hour Telephone: 1-800-273-8255; press 1
## FLORIDA TRANSGENDER RESOURCE GUIDE
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For this guide’s purpose, resources have been organized by locale.

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To Search this Guide by Keyword:
**PC USERS:** Press Control + F
**MAC USERS:** Press Command + F

But Where Can I Find...
- **Support/Social Groups?** Under Education / Community Support.
- **Youth or Veteran Services?** Under Education / Community Support.
- **Vocal Coaching, Electrolysis, or Cosmetic**
SOUTH FLORIDA RESOURCES
Ft. Lauderdale, Wilton Manors, Hollywood & Miami

Mental Health Therapists

- Sunserve Social Services, Inc.
  Main office: 2312 Wilton Drive Wilton Manors, FL 33305
  Youth & Senior services: 1480 SW 9th Ave Fort Lauderdale, FL 33315
  954-764-5150
  Email: info@sunserve.org
  http://www.sunserve.org/counseling

- Elena Naranjo
  1881 NE 26th Street #70 Wilton Manors, FL 33305
  786-356-9931
  Takes Aetna, Humana/PsychCare, Coventry & Private Pay. Specializes in transgender youth. Habla espanol.

- Dr. Katharine Campbell, PhD, LCSW INWARD BOUND LISTED AGAIN
  Katharine Campbell Counseling & Consulting, LLC Inward Bound
  1881 NE 26th Street Suite 70
  Wilton Manors FL 33305
  954-790-7926
  www.KatharineCampbell.com
  https://inwardboundjourneys.com/
  Email: info@katharinecampbell.com

- Dr. Carol Clark
  305-891-1827
  www.DrCarolClark.com
  Has transgender work experience. Provides HRT letters. Offers counseling via phone or Skype appointments. Hosts monthly support group in Wilton Manors.

- Marilyn Volker, Ed.D., Sexologist
  305-443-8850
  Email: besafemv@gmail.com

- Jewish Community Services of South Florida
  735 NE 125th Street, N Miami, FL 33161
  (305) 576.6550
  Toll-Free: 1-800-925-0554
  https://jcsfl.org/services/lgbtqia/
  www.jcsfl.org/programs/lgbt

- Survivors Pathway
  786-275-4364
  Email: info@survivorspathway.org
  Counseling for victims of domestic violence, human trafficking, sexual abuse, and/or crime.
• Heather M. Cherry LCSW, CST
  Licensed Clinical Social Worker, Certified Sex Therapist
  Social Worker- Post Traumatic Stress Disorder Clinical Team
  Mental Health Service, Miami VA Medical Center
  1201 NW 16th St, Miami 33125-1393
  Phone: 305-575-7000 x3474, Fax: 305-575-3303, Heather.Cherry@va.gov
  https://www.miami.va.gov/services/lgbt/index.asp

• Eva Smidova, M.A. (PhDr.), Registered Family Therapy Intern 2144
  Anchor Counseling Naples, Psychotherapy SW Florida, Transgender Care Therapist
  Nova Southeastern University FL
  Cell: (+1) 239 247 4231
  Email: dr.eva.smid@gmail.com
  www.psychotherapyswflorida.com

• Jamie Joseph, Ph.D. Weston Cognitive Behavior Therapy & Eval
  2893 Executive Park Drive, Suite 107
  Weston, FL 33331
  joseph97@gmail.com
  11555 Heron Bay Blvd., Suite 200 Coral Springs, FL 33076
  jamiemjoseph@hushmail.com
  954-684-6336
  http://www.jamiemjosephphd.com
  Dr. Joseph has received extensive training in working with and counseling transgender and gender
  non-conforming individuals and their families, friends and loved ones.

• Bailey House of Wellness, LLC
  1881 NE 26th Street, Suite 202A
  Wilton Manor, FL 33305
  bhowyou@gmail.com
  954-903-7611
  http://www.bhowyou.com
  Leshai Bailey, LMHC, CST. Board Certified Sex Therapist/Transgender Care Therapist, Licensed
  Mental Health Counselor. Serving South Florida & Northeast Florida. Skype/Distance Counseling
  available.

• Denise Hueso, LCSW
  3081 Salzedo Street, Suite 202
  Coral Gables, FL 33134
  dhueso.lcsw@southmiamipsychologygroup.com
  305-662-2686
  http://www.southmiamipsychologygroup.com
  Accepts Blue Cross Blue Shield, Aetna, Cigna and Self-Pay. Hosts weekly support group on Saturdays.
  Se habla Español.

• Nikki Saltzburg, Ph.D.
  4400 N Federal Hwy, Suite 1
  Boca Raton, FL 33431
  Conducts appointments online
  drnikkisaltzburg@gmail.com
  305-725-3270
  http://www.drnikkisaltzburg.com/
• **Sandy Piacente LMHC**
  Helping Hand Counseling Center
  2312 Wilton Dr Ste 16
  Wilton Manors, FL 33305
  954-882-1066
  Email: sandypiacente@gmail.com
  [www.helpinghandcounselingcenter.com](http://www.helpinghandcounselingcenter.com)

• **Kim Ehly, LCSW**
  2312 Wilton Drive, FL 33309
  kimehlylcsw@gmail.com
  (954) 289-6635
  Transgender competent psychotherapist. Providing support for clients who identify anywhere on gender spectrum. Experienced w/ WPATH referral letters for HRT &/or gender confirming surgeries.

• **Dr. Renee McFarland**
  Time Out Counseling
  810 Anchor Rode Drive Naples FL 34103
  10501 FGCU Blvd South McFarland
  Fort Myers, FL 33965
  rmcfarla@fgcu.edu
  239-590-7502
  [https://rmcfarla.wixsite.com/website](https://rmcfarla.wixsite.com/website)
  Email: timeoutcounseling070@gmail.com
  [https://www.timeoutcounseling.org/](https://www.timeoutcounseling.org/)
  I work with children, teens adults with Gender Dysphoria.

• **Chris Bauchman PsyD**
  100 Village Square Crossing, Suite 204, Palm Beach Gardens, FL 33410
  561-328-7567
  [www.drbauchman.com](http://www.drbauchman.com)

• **Christiane Blanco-Oilar PhD**
  7700 Congress Ave Suite 2205 Boca Raton FL 33487
  561-287-2088
  Email: dr.christiane.blanco@gmail.com
  [https://drchristianeblancooilar.com](https://drchristianeblancooilar.com)
  Native fluency in English and Spanish. She is passionate about working with a diverse group of people including those from multicultural backgrounds, immigrants/expats and clients with LGBTQ identities.

• **Joan Torgersen Magill PsyD**
  2200 Corporate Blvd., NW, Suite 110, Boca Raton, FL 33431
  561-981-8802
  docmagill@comcast.net
  DocMagill@therapeuticoasis.com

• **Brandi Baumkirchner PsyD**
  5301 N Federal Highway Ste 205, Boca Raton, FL 33487
  561-922-9155
  drbaumkirchner@gmail.com
  [https://www.drbaukmkirchner.com/](https://www.drbaukmkirchner.com/)
  561-419-8086
  drbaumkirchner@att.net
• **Felicia Levine LCSW**  
  Sandalfoot Professional Building 23257 State Road 7, Suite 204, Boca Raton, FL, 3275 W Hillsboro Blvd. Suite 300 Deerfield Beach FL 33442  
  954-657-3151  
  felicialevinelcswe@aol.com  
  https://felicialevinelcswe.com/  
  Board-certified transgender care therapist

• **Ann Mcneil LCSW**  
  8000 N. Federal Hwy, Suite 218, Boca Raton, Florida 33487  
  1 West Camino Real Suite 202 Boca Raton FL 33432  
  561.314.9879  
  Email: ann@bocatruamarecovery.com  
  https://bocatraumarecovery.com/  
  She accepts AETNA, BCBS, CIGNA, HUMANA, MEDICARE, UHC/OPTUM and OSCAR Insurance. Ann@BocaCouplesTherapy.com

• **Angelo Pezzote**  
  1438 Washington Ave, Miami Beach, FL 33139  
  917-673-5003  
  empowerment@doctorangelo.com  
  https://www.doctorangelo.com/index.html  
  Conducts video chat appointments.

• **Terilee Wunderman PhD**  
  Wunderman & Wunderman, P.A.  
  8600 SW 92 Street, Suite 203, Miami, Florida 33156;  
  (786) 789-2127 x5;  
  Confidential Fax: (305) 385-7164  
  tw@DrWunderman.com  
  https://drwunderman.wordpress.com/

• **Gloria M. Montes De Oca PhD**  
  1390 South Dixie Highway, Suite 1306, Coral Gables, FL 33146  
  305-302-1793

• **John Chaffin LMHC**  
  2312 Wilton Drive, Suite 24, Wilton Manors, FL 33305  
  (954) 380-8823  
  john.chaffin.mhc@gmail.com  
  http://www.johnchaffintherapy.com/

• **Anna Anne Selby LCSW**  
  1650 NE 26th St. #206, Wilton Manors, FL 33305  
  954-630-0442  
  zoefaith@bellsouth.net

• **Consensual Pleasure Activism**  
  (772) 205-4833  
  Certified Sex Coach  
  Podcast & Exclusive Community Coming Soon  
  LGBTQIA+ Friendly
• **Change of Mind LLC**  
 314 NW Bethany Drive  
Port Saint Lucie, Florida 34986  
https://mychangeofmind.com/  
--- *Anna:* (203) 856-3600  
My job as a LMHC is to help clients think and feel better. Find joy in their life. That means all clients, including clients of the LGBTQI community.  
--- *Kim Williams:* (772) 284-6030  
We assist Affirming based care & Support to assist Transgender and Non-Binary conforming people in order to promote optimal psychological well-being. Affirming Letters of support provided 18+  

• **Planned Parent Hood**  
1696 SE HILLMOOR DR  
Port Saint Lucie, Florida 34952  
Behavioral.Health@ppsenfl.org, (561) 472-9991  
http://go.ppsenfl.org/mentalhealth  
Everyone deserves access to high-quality, therapy services regardless of their gender Identity, race, sexuality, ability or any other status or identity.  

• **Tykes & Teens**  
3577 SW Corporate Pkwy  
Palm City, Florida 34990  
GetHelp@tykesandteens.org, (772) 220-3439  
https://www.tykesandteens.org/  
Prioritizing children’s mental health in our families, schools and communities through prevention, education and treatment.  

• **Transformative Therapy & Counseling**  
alina@resonant-relationships.com  
https://www.transformativementalhealth.com/about-5-1  
Letters-Online Counseling  

• **Your Healing Begins Here**  
Erica@yourhealingbeginshere.com, (818) 265-8486  
https://yourhealingbeginshere.com/  
Letters available.  

• **Mr. Jordan M Nodelman, LCSW (FL)**  
1881 NE 26TH STE 70  
WILTON MANORS, FL 33305  
(754) 946-6600  
https://www.emdria.org/directory/people/jordan-m-nodelman/  
Letters Available-LCSW  

• **Catherine Rincon, LMHC**  
crincon@happythoughtsmh.com, (954) 406-8612  
Letters Available-LMHC Online Counseling  
https://headway.co/providers/catherine-rincon?gclid=Cj0KCQjwr-SSBhC9ARIsANzu15EExW5CNCIfx8Eo8GFmiJdQWp5jktOpFrait5KzHQRwiGB5uGek-plaAoDSEALw_wcB
• **Beyond Counseling**  
150 South Pine Island Road Ste 300  
Plantation, Florida 33324  
receptionist@beyond-counseling.com, (954) 228-0856  
https://www.beyond-counseling.com/paula-averruz-genie  
Marriage & Family Therapist Intern, IMT- Letters Available first Visit- Also Speaks Portuguese

• **Kimberly Goodwin, LCSW-S**  
hello@kimberlygoodwinlcsw.sprucecare.com, (210) 405-7219  
https://www.kimberlygoodwinlcsw.com/  
Accepts Insurance, Letters on first visit, Video Counseling Services.

• **Jennifer Crofts**  
5971 Brick Ct  
Winter Park, Florida 32792  
drjennycrofts@gmail.com, (407) 288-5553  
Psy D Spanish & English. Offers Letters

• **GentleWave Counseling, Consultation, & Clinical Supervision**  
901 SW Martin Downs Blvd #306  
Palm City, Florida 34990  
DRChristina@GentleWaveCCC.com, (772) 410-4619  
https://www.gentlewaveccc.com/  
Provides letter even if first visit, PhD, LMHC

• **Kimberlee Rae Frisosky**  
465 SE Riverside Dr  
Stuart, Florida 34994  
(772) 291-0134  
https://luminescencecounseling.com/  
Luminescence Counseling with the desire to change the mental health industry.

• **Ariel Landrum**  
Marriage and Family Therapist  
Letters available and accepts insurance.  
https://headway.co/providers/ariel-landrum?gclid=Cj0KCQjwr-SSBhC9ARIsANhzu17SUNqbwww4vz5o1tm0J6joky0qbePocAJf1JEzgc5v1ZNiijfc130aAv0NEALw_wcB

• **Healing Village Therapy**  
1000 Belcher Rd S. Ste 3  
Largo, Florida 33771  
Abbie@HealingVillageTherapy.com, (727) 213-8889  
https://www.healingvillagetherapy.com/home  
Letters available and online counseling.
Primary Care Providers

- Care Resource Medical Clinic
  Broward Primary Care Center
  871 W. Oakland Park Blvd., Ft. Lauderdale, FL 33311
  305-673-3555

- Dr. Jennifer Bartczak
  The Rowan Tree Medical
  2500 NE 15th Ave
  Wilton Manors, FL 33305
  3197 NE 18th Terrace
  Oakland Park FL 33306
  954-533-5382
  http://www.rowantreemedical.com

- AIDS Healthcare Foundation
  AHF Wellness Center
  2097 Wilton Dr
  Wilton Manors, FL 33305
  AHF Contact: 877-259-8727
  www.aidshealth.org
  https://locations.freestdcheck.org/fl-wilton-manors-wellness10

- Dr. Robert Heglar
  AHF Clinic
  1164 E. Oakland Park Blvd. 3rd Floor
  Oakland Park, FL 33334
  954-561-6900
  http://doctor.webmd.com/doctor/robert-heglar-md-def5b724-7031-4878-93cf-21c7a47455d8-overview

- AIDS Healthcare Foundation
  1613 Alton Road
  Miami Beach, FL
  4308 Alton Road
  Miami Beach FL 33140
  305-538-1400
  AHF Contact: 877-259-8727
  https://locations.hivcare.org/fl-miami-hcc42
  https://locations.freestdcheck.org/fl-miami-beach-wellness9

- Bove Dental/ Dr. Alfred G. Bove'
  2500 East Oakland Park Blvd.
  Fort Lauderdale, FL 33306
  Info@BoveDentistry.com
  9545640181
  http://BoveDentistry.com
  General and cosmetic dental services in a comfortable yet professional setting.
• The Maercks Institute
   Rian Maercks – Plastic Surgeon
   4500 Biscayne Boulevard, Suite 104, Miami, FL 33137;
   305-482-3308;
   305-414-0934
   rmaercks@gmail.com
   https://www.themaercksinstitute.com/

• University of Miami Plastic Surgery
   Christopher Salgado
   Constructive Surgery Associates
   1330 Coral Way Suite 306
   Miami FL 33145 US
   786-627-4601
   https://constructivesurgery.org/
   constructivesurgery@hotmail.com
   1120 NW 14th Street, 4th Floor, Miami, FL 33136;
   305-243-4500;
   christophersalgado@med.miami.edu

• Dr. Maureen Whelihan, MD FACOG (OB/GYN)
   6801 Lake Worth Rd #100W, Greenacres, FL 33467
   (561) 965-9559
   http://www.mygynpractice.com/

• Stuart Acupuncture
   7000 SE Federal Hwy
   Hobe Sound, Florida 33455
   hillary@stuartacupuncture.com, (772) 266-8165
   https://stuartacupuncture.com/
   Gentle Acupuncture for the Treasure Coast Community. Now Accepting Most Insurance.

• Midway Specialty Care Center
   356 E Midway Rd, Fort Pierce, FL 34982
   Fort Pierce, Florida 34982
   (772) 464-9746
   https://midwaycare.org/
   WE CURRENTLY SERVE PATIENTS FROM HILLSBOROUGH, PINELLAS, PALM BEACH, BROWARD, ST. LUCIE, MARTIN, DADE, ORANGE, INDIAN RIVER, MONROE AND OKEECHOBEE COUNTIES IN FLORIDA.
Endocrinologists

- **Sharon A. Thrush**
  2669 Forest Hill Boulevard, Suite 100
  West Palm Beach, FL 33406
  (561) 968-7600

- **Care Resource Medical Clinic**
  Broward Primary Care Center
  871 W. Oakland Park Blvd.
  Ft. Lauderdale, FL 33311
  954-567-7141
  [http://www.careresource.org](http://www.careresource.org)
  777 17th Street, Suite 400, Miami Beach, FL
  305-673-3555

- **Dr. Jennifer Bartczck**
  The Rowan Tree Medical
  2500 NE 15th Ave
  Wilton Manors, FL 33305
  954-533-5382
  3197 NE 18th Terrace
  Oakland Park FL 33306
  [http://www.rowantreemedical.com](http://www.rowantreemedical.com)

- **Dr. Robert Heglar, Primary Care Physician**
  AHF Clinic
  1164 E. Oakland Park Blvd. 3rd Floor
  Oakland Park, FL 33334
  954-561-6900

- **Sarah Hart-Unger, MD, Pediatric Endocrinologist**
  1150 N 35th Ave Ste 520
  Hollywood, FL 33021
  1131 N 35th Avenue Suite 200
  Hollywood FL 33021
  (954) 265-6984
  Accepts Insurance. Willing to provide HRT to Minors.

- **Dr. Ralph W Charlton, MD, Pediatric Endocrinologist**
  1150 N 35th Avenue, Suite 520
  Hollywood, FL. 33021
  954-265-6984
  **Willing to provide HRT to minors.**

- **Dr. Lorena Lewy-Alterbaum, MD, Adult Endocrinologist**
  Endocrine Partners
  9720 Stirling Rd Ste 1111
  Hollywood, FL 33024
  954-967-0500

- **Dr. Carlos M. Barrera, MD**
  7400 North Kendall Drive, Suite 617
  Miami, FL 33156
  7190 SW 87th Ave Suite 306
  Miami FL 33173
  305-670-0576
• **Dr. Alejandro Diaz - Pediatric Endocrinology**  
  3100 SW 62nd Ave, Suite 102,  
  Miami, FL 33155  
  305-662-8368  
  We love this doctor and his staff, all well skilled in gender identity and pediatric transgender health

• **HCA Florida St. Lucie Medical**  
  1700 SE Hillmoor Dr. Ste 307  
  Port Saint Lucie, Florida 34952  
  (772) 398-7814  
  [https://www.hcafloридaphysicians.com/physicians/profile/Dr-Ahmet-Ergin-MD](https://www.hcafloридaphysicians.com/physicians/profile/Dr-Ahmet-Ergin-MD)  
  This physician is accepting telehealth visits.

### Education/Community Support

• **Sunserve Social Services, Inc.**  
  2312 Wilton Manors Drive, 2nd Floor  
  Wilton Manors, FL  
  954-764-5150  
  [www.sunserve.org/transgender](http://www.sunserve.org/transgender)  
  Email: info@sunserve.org  
  1480 SW 9th Avenue  
  Ft. Lauderdale  
  www.sunserveyouth.com  
  **Nonprofit social service agency providing a wide range of services to all ages and gender variations. Serving the Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) community in South Florida.**

• **YES Institute**  
  5275 Sunset Drive  
  Miami, FL 33143  
  305-663-7195  
  [www.yesinstitute.org](http://www.yesinstitute.org)

• **Dr. Carol Clark, Support Group**  
  Every 3rd 2nd Friday of the month from 7-8:30pm, $3 donation is welcome  
  Pride Center at Equity Park, 2040 N. Dixie Hwy  
  Wilton Manors, FL 33305  
  954-463-9005

### Emergency Services

• **Crisis Hotline: LGBT Suicide Awareness Initiative**  
  24/7 Phone: 305-646-3600  
  **Suicide prevention hotline through the Switchboard of Miami.**

• **Housing/Shelter: Lotus House**  
  1514 NW Second Avenue; Suite #1  
  Miami, FL; 305-438-0556  
  [www.lotushouse.org](http://www.lotushouse.org)
Youth Services

- Pridelines Youth Services
  6360 NE 4th Ct, Miami, FL 33138
  305-571-9601; www.pridelines.org
- Alliance for GLBTQ Youth
  1175 NE 125th Street, Suite 103
  North Miami, FL 33161
  866-634-8087; www.GLBTQalliance.org

Scholarships

- Aqua Foundation for Women
  4500 Biscayne Blvd, Suite 340
  Miami FL
  305-576-2782; www.aquafoundation.org
- Trans Action FL
  727-490-8235; www.transactionfl.org

Senior Services

- Placement Counselors Corps
  (954)965-2925
  Toll-free:1-855-455-PLUS(7587)
  https://placementcounselors.com/
  Free online services for seniors and their caregivers

Diverse Services

- Survivors Pathway Organization
  786-275-4364; Fax: 786-484-0401
  Email: info@survivorspathway.org
  Counseling, Advocacy for Victims of Domestic Violence, Victims of Human Trafficking, Victims of Sexual Abuse, Victims of crime; Legal program; TransLatina Project
- Unity Coalition
  786-271-6982; www.unitycoalition.org
  First organization for the Latino, Hispanic, LGBTQ community of South Florida, education, fundraising, awareness, fairness, leadership

Online Directories of Local Resources

- South Florida’s LBT Health Directory
  http://www.lbthealth.org/directory-of-providers/
  Directory of mental health and medical providers with experience serving the LGBT community.

Gender Expression

Hair & Makeup

- Chere Friedman
  3098 Fuller St.
  Coconut Grove, FL
  305-607-3176
• **Ayanna Lewars, Weaves Etc.** (house calls available)
  17325 NW 27th Ave #109
  Miami Gardens
  786-916-2514

• **Jessi Hair Studio**
  351 US-1 Ste. 121
  Jupiter, United States
  (772) 888-6178
  https://jessijhairstudio.com/?fbclid=IwAR0kq4XUm3zEIxPkr6gaV7VyagpdhcTpazARSr8p8u6bA2w5rebjpGqQnQ
  “Your hair is my reputation on display.” Jessi J.

**Photography**

• **Photos by LJ (Woolston)**
  786-223-6616
  www.facebook.com/PhotosByLJ

• **Jorge Luis**
  jorgeluisphotography5@gmail.com
  www.facebook.com/JorgeLuisPhotography

**Medical**

**HIV/STD Testing**

• **Care Resource**
  1680 Michigan Avenue, Suite 912
  Miami Beach, FL: 305-534-0503
  Dade: 305-576-1234
  Broward: 954-567-7141
  www.careresource.org/sobe-thrifty
  *Free breast exam, HIV/STD testing. Serving residents of Broward & Miami-Dade Counties. Comprehensive health and support services, with focus on the LGBTQ Community.*

• **Health District Center**
  Health Department
  1350 NW 14th Street
  Miami FL 33125
  305-643-7420
  www.testmiami.org

• **UHealth Clinic, at Walgreens**
  12295 Biscayne Blvd
  North Miami, FL
  More locations available
  https://umiamihealth.org/en/promotions/std-prep

**Plastic, Aesthetic & Reconstructive Surgery**

• **University of Miami**
  1321 NW 14th St, Suite 402
  Miami FL
  305-243-4500
  www.surgery.med.miami.edu/plastic-and-reconstructive/
• **Dr. Charles Garramone, M.D.**  
The Garramone Center  
4725 Volunteer Rd., Suite 202  
Davie, FL 33330  
954-752-7842  
[www.drgarramone.com](http://www.drgarramone.com)  
Email: [frontdesk@drgarramone.com](mailto:frontdesk@drgarramone.com)

• **Dr. Russell Sassani**  
Michael J. Schneider, Clinic Manager  
Take Shape Plastic Surgery P.A.  
Take Shape Surgery Center L.L.C.  
954-324-2329  
Fax: 954-585-3800(x224)  
[manager@takeshape.info](mailto:manager@takeshape.info)  
[www.takeshape.info](http://www.takeshape.info)

• **Restore Medical Center, Dr. John Whitehead**  
1111 Kane Concourse, Suite 311  
Bay Harbor Island, FL 33154  
305-865-2000  
Before his retirement, Dr. Reed trained Drs. Whitehead and Quintero in the art of SRS. Drs. Whitehead and Quintero bring over 30 years of surgical experience to serve the transgender community.

• **Ocean Drive Plastic Surgery**  
5070 Florida A1A  
Vero Beach, FL 32963  
(772) 234-3700  
[https://www.oceandriveplasticsurgery.com/](https://www.oceandriveplasticsurgery.com/)  
Dr. Jimmy Chim has Performed Many FTM Top Surgery in the USA.

**Recommended Out-of-State Gender Confirmation Surgery Providers**

• **Dr. Toby R. Meltzer M.D.**  
480-657-7006  
Toll Free: 866-876-6329 (TRM-MDAZ)  
[www.tmeltzer.com](http://www.tmeltzer.com)  
Email: [https://themeltzerclinic.com/](https://themeltzerclinic.com/)

• **Dr. Marci Bowers, M.D.**  
719-846-6300  
Toll-free: 1-877-439-2244  
[www.marcibowers.com](http://www.marcibowers.com)  
Email: [mail@marcibowers.com](mailto:mail@marcibowers.com)

• **Crane Center for Transgender Surgery**  
415-625-3230 (California)  
512-446-9486 (Austin, TX)  
[www.cranects.com](http://www.cranects.com)
• **Dr. Toby G. Mayer, M.D.**  
  Beverly Hills Institute of Aesthetic & Reconstructive Surgery  
  310-881-8703  
  [www.bevhills.com](http://www.bevhills.com)  
  Email: info@bevhills.com

• **Dr. Maureen Whelihan, MD FACOG**  
  6801 Lake Worth Rd #100W, Greenacres, FL 33467  
  (561) 965-9559  

Legal

• **Lambda Legal**  
  Miami, FL  
  [www.lambdalegal.org](http://www.lambdalegal.org)  
  866-542-8336

• **Hope, Inc. Help Lines**  
  11501 NW 2nd Avenue  
  Miami FL  
  Dade: (305) 651-HOPE  
  Broward: (954)567-0545  
  [www.hopefhc.com](http://www.hopefhc.com)  
  Assist with housing discrimination and protecting civil rights.

• **Survivors Pathway**  
  786-275-4364  
  786-484-0401  
  [info@survivorspathway.org](mailto:info@survivorspathway.org)  
  Advocacy for Victims of Domestic Violence, Victims of Human Trafficking, Victims of Sexual Abuse, Victims of crime; Legal program.

• **Vida Legal Assistance, Inc.**  
  305-247-1057  
  [www.vidalaw.org](http://www.vidalaw.org), Email: info@vidalaw.org  
  Voices for Immigrant Defense and Advocacy

Insurance

• **Steven Shulman**  
  Insurance/Investments/Retirement  
  Licensed insurance professional in Fl for 24 years, specializing in Life, Health, Long term care, dental, and disability insurance  
  Please call @ 305-710-9499, email: steven@myunclegloria.com; [www.transgenderinsuranceplans.com](http://www.transgenderinsuranceplans.com)
Support Centers and Social Groups

- **Gender Equality Trust Network Foundation**  
  3049 McGregor Blvd  
  Ft. Meyers, FL  
  In addition to monthly support groups for transgender people of all ages and allies, The Get Network Foundation was established in 2015 to empower, inspire, and facilitate trust and equality for all.

- **Transgender & Non-Binary Alliance of the Treasure Coast Inc**  
  1717 Orange Ave Po Box 3005  
  Fort Pierce, FL 34950  
  United States  
  transgendersofthetreasurecoast@gmail.com, (772) 946-6030  
  We hope for a world where trans and non-binary people are free to express themselves safely and where gender is no longer a limitation on the human race.

- **PFLAG of Stuart Florida**  
  PFLAGStuartFL@gmail.com  
  https://www.pflagstuartfl.org/  
  We are a support group for parents, families, friends & allies of the LGBTQ+ community serving the Treasure Coast.

- **YMCA OF THE TREASURE COAST**  
  1700 SE Monterey Rd  
  Stuart, FL 34996  
  estoecklin@ymcatreasurecoast.org, (772) 286-4444  
  https://www.ymcatreasurecoast.org/stuart-main-branch/  
  YMCA of the Treasure Coast strengthens communities through youth development, healthy living, and social responsibility. Everyone, no matter their age, gender, race or ability, is welcomed as family.

- **The Sanctuary of the Treasure Coast**  
  21 SE Central Pkwy  
  Stuart, FL 34994  
  thesanctuaryofthetreasurecoast@gmail.com, (219) 616-0712  
  https://www.sanctuaryoftreasurecoast.org/?m=1  
  Inspire LGBTQ+ individuals and their allies to be themselves, to share with new friends, and to engage in activities which promote and unite our community.

- **CareerSource Research Coast**  
  584 NW University Blvd. Ste 200  
  Florida 34986  
  elyon@careersourcerc.com, (772) 302-9826  
  https://careersourcerc.com/  
  To be the catalyst empowering our communities toward economic success.

- **Families of The Treasure Coast**  
  546 NW University Blvd #203  
  Port Saint Lucie, FL 34986  
  info@familiesofthetreasurecoast.org, (772) 302-3147  
  https://www.familiesofthetreasurecoast.org/  
  Focused on what matters most. People Empowering People.
• **Finish Strong CPR Training, LLC**  
  Stuart, Florida  
  [https://finishstrongcpr.com/](https://finishstrongcpr.com/)  
  (561) 523-5023  
  LGBTQ+ Authorized Provider of CPR & ECC Courses. On-Site CPR & AED Training, Wedding Officiant

**Vocal Coaching**

• **Evelyn Grossman, M.S. CCC-SLP ~ The Speech Studio**  
  Hollywood, FL 33021  
  evianlerner@aol.com ; 954-270-7030; [http://www.wellspokenpro.com](http://www.wellspokenpro.com)  
  I help Transgender Women and Men Match Their Voice and Speaking Style to Their True Selves. Certified-Licensed Speech Pathologist and Voice-Speech Coach. In Person or Skype all over Florida.

**CENTRAL FLORIDA RESOURCES**  
* Tampa Bay, St. Petersburg, Orlando, Melbourne*

**Mental Health Therapists**

• **Saralee Fackelman, LMHC, CAP**  
  3530 1st Avenue N., Suite 117  
  St. Petersburg, FL 33713  
  813-716-4264, Email: sara@atranslifematters.com; www.atranslifematters.com  
  408 E. Cayuga Street, Tampa, FL 33603; 813-716-4264

• **Dr. Amanda Veldorale-Griffin, LMFT**  
  4090 Deltona Blvd  
  Spring Hill, Fl 34606, (352) 232-5525  
  Thefamilyalliance.webs.com; Email: Thefamilyalliance@gmail.com  
  Sliding scale available for those with financial need. Offers Skype sessions. Hoping to start a support group. Specializes in working with transgender individuals and their families.

• **Erin Robinson, Psy.D., L.P.**  
  Counseling and Wellness Center, New College of Florida  
  5800 Bay Shore Road  
  Sarasota, FL 34243, 941-685-2538  
  [http://www.erinrobinsonpsyd.com/home.html](http://www.erinrobinsonpsyd.com/home.html)

• **Family C.O.P.E.**  
  7345 International Place, #109  
  Sarasota, Fl 34240, (941) 702-9978; [info@familycope.com](mailto:info@familycope.com)

• **Tristan W. Byrnes, LMHC**  
  New Transition Therapy  
  447 3rd Ave N StFe 210  
  St. Petersburg, FL 33701, 813-919-6185, twbyrnes@gmail.com  
  [https://www.tgtherapistfl.com/](https://www.tgtherapistfl.com/)

• **Metro Wellness Community Center**  
  3251 3rd Ave N  
  St. Pete, FL 33713, 727-321-3854  
  [https://www.metrotampabay.org/](https://www.metrotampabay.org/)  
  Sliding Scale, doesn’t take insurance. Provides HRT, Surgery letters, Skype appointments/sessions.
• Dr. David Baker-Hargrove, PhD, LMHC, DAPA, CCFC
  801 N. Magnolia Ave., Suite 220
  Orlando, FL, 32803, 407-963-5664
  david@drdavidbakerhargrove.com; Error! Hyperlink reference not valid.http://www.drdavidbakerhargrove.com/

• Dr. Mary G. Davenport, Ph.D.
  1608 Oak Street, Sarasota 34236
  941-366-3134; www.marygdavenportphd.com marygdavenport@comcast.net

• Kathy Lowry LMHC
  Mental Health Counselor
  Ft. Myers, FL, 239-443-6385; Endocrinologistsibos_lowry@yahoo.com

• Joe Salg, LMHC
  Corrine Drive Counseling Center
  3222 Corrine Drive, Suite A, Orlando, FL 32803
  407-716-7207; jsalglmhc@gmail.com; www.corrinedrivecounselingcenter.com
  Accepts: BCBS, Cigna, United and private pay. Provides HRT and Surgery letters. Gay-identified; specializes in LGBT clients & offering transgender support group with Dominique Barritt.

• Dominique Barritt, MA, LMHC, NCC, CST
  3222 Corrine Dr., Suite A, Orlando, FL, 32803, 407-701-4230
  Email: dominique@dominiquebarritt.com; http://www.dominiquebarritt.com
  Certified EMDR & Sex Therapist. Specializes in trauma and transgender concerns. Offers sliding scale payment options, HRT, surgery letters, web-based therapy sessions and transgender support group with Joe Salg. Support Group Facilitators: Joseph Salg, MA, LMHC, NCC & Dominique Barritt, MA, LMHC, NCC, CST. Support/Therapy group meets monthly (3rd Wednesdays), co-facilitated by both Dominique Barritt & Joe Salg (licensed therapists & members of several therapy organizations & specialists in transgender/gender-variant issues). Meetings have guest speakers and formatted topics. Location: Corrine Drive Counseling Center, Suite L; (www.corrinedrivecounselingcenter.com)
  ***Contact corrinedrivecounselingcenter@gmail.com to reserve/inquire about curriculum/pricing***

• Kim Murphy, MS, LMHC
  Licensed Mental Health Counselor
  1850 Lee Road, Suite 103-A, Winter Park, FL 32789, 321-352-2258
  therapistkimmurphy@gmail.com; www.therapistkimmurphy.com
  In addition to being the onsite psychotherapist at Bliss Healthcare Services, I maintain two private practice locations for my clients; where I specialize in gender and autism.

• Leshai T. Bailey-Davis, M.S., CST
  Board Certified Sex Therapist - Transgender Care Therapist - Registered Mental Health Counseling Intern
  Kink Aware Therapist - Certified Clinical Trauma Professional
  Bailey House of Wellness, LLC
  3190 Post Street, Jacksonville, Florida 32205; 1950 Lee Road, Suite 114, Winter Park, Florida 32789 (904)738-3506 (office)-Jacksonville Location; (321)394-8675 (office)-Orlando (Winter Park) Location
  www.bhowyou.com; bhowyou@gmail.com
• **Kristen R. Weick, MA**  
  Registered Mental Health Counselor Intern  
  My Path Unfolding LLC  
  923 Beard Ave, Winter Park, FL 32789  
  Phone: 321-209-4311  
  E-mail: mypathunfolding@gmail.com; Website: http://www.mypathunfolding.com

• **Cary Coll, LCSW**  
  Behavioral Health Program Manager  
  METRO, 3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854  
  Sliding Scale, Private Insurance, Medicaid, Medicare, Provides HRT and Surgery Letters. Individual, Family and Group Counseling Available. Does Skype appointments and sessions. Includes free services for transgender youth and transgender support groups. LGBT Center.

• **Tristan W. Byrnes, LMHC**  
  METRO, 3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854, www.metrotampabay.org  
  Sliding Scale, Private Insurance, Medicaid, Medicare, Provides HRT and Surgery Letters. Individual, Family and Group Counseling Available. Does Skype appointments and sessions. Includes free services for transgender youth and transgender support groups. LGBT Center.

• **Katie Schubert, PhD, MA, CST, NCC, RMHI**  
  Certified Sex Therapist, Nationally Certified Counselor, Registered Mental Health Intern  
  4244 Central Ave, St. Petersburg, FL 33711, 727-300-6688, drkatieschubert@gmail.com, www.drkatieschubert.com  
  Group practice: https://www.cypresswellnesscenter.com/meet-our-team  
  Sliding scale available. Offers virtual sessions.

• **Heather D. Eslien, MA, LMHC**  
  330 South Pineapple Avenue, Suite 101, Sarasota, FL 34236  
  941-840-0878, heather.d.eslien@gmail.com  
  https://therapists.psychologytoday.com/160333  
  Specializes in supporting trans youth/adults and their family members. Can provide HRT and surgery letters. Facilitates two monthly support groups:

• **Heather Stambaugh, LMHC CAP NCC**  
  2033 E. Edgewood Drive, Suite 4  
  Lakeland, FL 33803, 863-271-7972, gglscounseling@gmail.com; http://www.lakelandfltherapy.com  
  LGBT Affirmative therapist - WPATH SOC, HRT readiness assessment/letter. FREE support group - 2nd & 4th Tuesdays Open to LGBTQQI & Allies-CALL/EMAIL for location info (for safety of attendees).

• **Jacqueline Hubbard, M.D.**  
  147 2nd Ave South, Suite 303, St Petersburg, FL 33701  
  Board Certified Child, Adolescent, and Adult Psychiatrist

• **John Nguyen, MSCP, LMHC**  
  2433 Lee Road, Winter Park, FL 32789, (321) 323-7496  
  Florida licensed mental health counselor providing counseling services to the LGBT community in a safe, collaborative, and respectful environment. Clients includes young children to older adults.
• Cynthia Fisher, MSW (Emergence Counseling Services)
  444 Seabreeze Boulevard, Suite 435, Daytona Beach, FL 32118
  386-334-9130, cynthiaf@emergencecounselingservices.com
  Please see my profile at www.psychologytoday.com. I am a member of WPATH. I offer support groups for trans teens and parents as well as individual, couples, and family counseling for LGBTQ clients.

• Aimee Beardslee, LMHC, MS, EdS
  LGBTQ+ Affirmative Therapist & Owner of Rainbow Counseling
  4554 Central Avenue, Suites E & F, St. Petersburg, FL 33711
  727-314-1864, aimee@rainbowcounselingtampabay.com
  rainbowcounselingtampabay.com
  Specializes in serving the LGBTQ+ community by providing individual, couples, and group therapy. Office based counseling and groups offered in St. Petersburg and online (video) or phone counseling available to clients living anywhere in Florida. Can provide HRT and surgery letters. Not accepting new clients, as of 2/1/22

• Pamela Albert, LMHC
  Turtle Creek Business Center, 1205 Admiralty Blvd, Rockledge, FL 32955
  321-339-9456, PamelaAlbertTherapy@gmail.com
  Mental health counseling for transgender, non-binary, gender fluid, etc. Adults and teens.

• Keri K. Griffin, LCSW, CAP
  925 South Semoran Blvd., Suite 114, Winter Park, FL 32792, 407-646-5500, ext. 28349
  Keri.Griffin@va.gov; http://www.orlando.va.gov/services/LGBT_Program.asp
  Keri is the Orlando VA Medical Center LGBT Special Emphasis Program Manager and LGBT Veteran Care Coordinator.

• Dr. Stephany Mahaffey at Authentic Life Transitions, LLC
  3001 Aloma Ave, Suite 204, Orlando, FL 32792, 407-965-3563
  info@authenticlifetransitions.com; https://drstephanymahaffey.com/
  Sliding scale & payment plans accepted. Individual/couples therapy, evaluation for medical transition, and a support group available. Therapy and evaluations available ONLINE to Florida residents.

• Connected Coaching & Counseling
  1600 W Eau Gallie Blvd, 201 L, Melbourne, FL 32904, 321-280-6508
  contact@StephanieSteenTherapy.com, https://www.facebook.com/BalancedLifeTherapy/
  Mental Health Services for LGBT teens and their families. Parent coaching available nationwide.

• Winter Haven Hospital/Baycare
  1201 1ST Street South, Polk Winter Haven, FL 33880, (863) 294-7062 ext. 205714
  meena.mohan@baycare.org, http://www.dignitymodel.com/find-a-provider
  I am currently a Licensed Clinical Social worker recent certified in providing Transgender care to teens and adults in our Outpatient Mental Health Facility. Please call to set up apt.

• Sustainable Family Services
  8487 9th Street N, St. Petersburg, FL 33702, 727-318-3224
  Ashley@SusFamFound.org, http://www.sustainablefamilyservices.com/
  We specialize in pediatric LGBTQ+ Mental health & support services, including transgender/questioning children under the age of 12; as well as transitioning/questioning parents with young children.
• **Jamie Gunning at SoulCare Orlando, LLC**
  801 Magnolia Ave, Suite 318, Orlando, FL, 32805, (407) 917-8590
  LGBTQ-affirming mental health care. Specializing in gender therapy services including HRT/GRS letters and trans couples counseling.

• **Gary Howell, Psy.D.**
  2109 E Palm Ave, Suite 201, Tampa, FL, 33605
  813-419-7793, info@centerforpsychologicalgrowth.com,
  [http://www.centerforpsychologicalgrowth.com/contact.html](http://www.centerforpsychologicalgrowth.com/contact.html)

• **Metro Wellness & Community Center**
  Metro's Health Centers offer HIV testing & medical care, Hep C & STI testing & treatment, Primary Care, Behavioral Health specialists, Trans Health & Hormone Replacement Therapy and has an on-site lab, pharmacy and Youth support groups available.

• **Metro Wellness & Community Center**
  Metro’s Health Centers offer HIV testing & medical care, Hep C & STI testing & treatment, Primary Care, Behavioral Health specialists, Trans Health & Hormone Replacement Therapy and has an on-site lab, pharmacy and Youth support groups available.

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  Metro’s Health Centers offer HIV testing & medical care, Hep C & STI testing & treatment, Primary Care, Behavioral Health specialists, Trans Health & Hormone Replacement Therapy and has an on-site lab, pharmacy and Youth support groups available.

• **Angela Bulla, LCSW**
  51 South Main Ave. Suite 304
  Clearwater, FL 33765
  angelabrownbulla@gmail.com, 727-287-9302, [http://www.angelabulla.com/](http://www.angelabulla.com/)
  Gender therapist, LGBTQIA inclusive & affirming counseling.
  Adults/Older Adults/Couples/Adolescents.

• **My Path Unfolding Kristen R. Weick, MA, LMHC, NCC**
  1384 Lake Baldwin Ln, Unit B
  Orlando, FL 32814
  mypathunfolding@gmail.com, 321-209-4311, [http://www.mypathunfolding.com/](http://www.mypathunfolding.com/)
  Works with the entire LGBTQI+ spectrum, specifically transgender & intersex clients age 13+.
  Counseling for individuals, relationships, families, & partners. Video/online counseling for FL residents.

• **Catherine Rutter, Registered Mental Health Counselor Intern**
  2441 West State Rd 426, Suite 1071, Oviedo, FL 32765
  catherinerutter9@gmail.com, 407-204-9108
https://www.catherinerutterlmhc.com/

- **Peaceful Counseling LLC**  
  90 Fox Ridge Ct Suite B  
  Debary, FL 32713  
  Email: ppeace@peacefulcounselingllc.com  
  http://www.peacefulcounselingllc.com, 386-479-9062

- **Maried Gutierrez LMHC**  
  100 E Sybelia Ave #380, Maitland, FL 32751  
  counselormaried@gmail.com, 407-360-7601  
  https://counselormaried.wixsite.com/website

- **The Meaningful Life Center**  
  2700 Westhall Lane Suite 135  
  Maitland, FL 32751  
  407-534-0186, Admin@themeaningfullifecenter.com  
  www.themeaningfullifecenter.com

- **Integrated Counseling Solutions**  
  120 E. Robinson St.  
  Orlando, Florida 32801  
  https://www.integratedcounselingsolutions.com/

- **Building Resiliency, LLC**  
  Yiset Perez LCSW  
  3001 Aloma Ave  
  Orlando, FL 32792  
  yiset@buildingresiliencyllc.com, 407-986-8938  
  https://www.buildingresiliencyllc.com/

- **Jessica Singh MSW**  
  Transcendence Counseling Center  
  333 17th Street, Suite E  
  Vero Beach, FL 32960  
  407-890-0262  
  https://transcendencecounselingfl.com/  
  *Not accepting new clients, as of 2/1/22*

- **Life Enhancement Counseling Services**  
  446 N. Dillard St., Suite 3  
  Winter Garden, FL 34787  
  407-443-8862  
  http://lifeenhancementcs.com/

- **Dr. Joshua Stanley Counseling & Consulting**  
  3222 Corrine Drive Suite A  
  Orlando, FL 32803  
  www.joshuastanley.org

- **Ginger Ibis Counseling Center**  
  1401 Town Plaza Ct Ste 2020  
  Winter Springs, FL 32708  
  321-263-8763, teresa@gingeribiscounseling.com
www.gingeribiscounseling.com

- Alan Zupka RMHCI
  3222 Corrine Dr Orlando, FL 32803
  407-986-2888, alan@azupkacounseling.com
  www.AZupkaCounseling.com

- Lake Nona Behavioral Health Services
  Natasha D’Arcangelo
  10437 Moss Park Road Suite B
  Orlando, FL 32832
  1-407-808-5773, admin@lnbehavioralhealth.com
  https://www.lnbehavioralhealth.com/

- A Place for Growth
  Brittany Sted LMHC
  734 Irma Ave, Orlando, FL 32803
  407-701-8006, stedbrittany@gmail.com
  www.brittanysted.com

- Storyology LLC
  Adam Baldowski RMHCI
  315 N. Wymore Road
  Winter Park, FL 32792
  (321) 316-9843
  https://storyology.care/

- Lucas Counseling
  2700 Westhall Lane
  Maitland, FL 32751
  referrals@lukascounseling.org
  https://lukascounseling.org/

- Enso Behavioral Healthcare
  Rachel Sobiech RCSWI
  2005 Pan Am Circle Suite 120
  Tampa, FL 33607
  (844) 959-1561
  https://www.angiespeller.com/

- Life Journey Counseling and Consulting
  Sherry S Mattos LMHC
  11537 Lake Underhill Road
  Orlando, FL 32825
  407-821-3098

- SPEKTRUM Health
  Ann Currier LMHC
  5205 South Orange Ave Suite 110, Orlando, FL 32809
  407-454-1363, YOU@SPEKTRUM.Health
  Toll Free: 1-888-LGBTQA1
  https://spektrum.health/
We provide Primary Care, HRT, TaSP, STD screening and treatment, PrEP and mental health/medication management with a full focus on the LGBTQIA+ community.

- **Sara Fackelman LMHC**  
  Cross Point Plaza, 3530 1st Avenue N. Suite 117, St. Petersburg, FL 33713  
  813.716.4264

- **Fedora Psychological group**  
  Kristen Sturdevant  
  1913 Tyrone Blvd N Saint Petersburg, FL 33710  
  727-209-7792; TheFedoraGroup@gmail.com  

- **Maureen Corbett PhD**  
  840 Beach Drive NE, St. Petersburg, FL 33701  
  727 826-1887, maureen@drmaureencorbett.com  
  [www.drmaureencorbett.com](http://www.drmaureencorbett.com)

- **Renee Natvig LCSW**  
  631 N. Hyer Avenue, Orlando, FL 32803  
  407.625.3134, renee@reeneнатvig.com  
  [https://www.reeneнатvig.com/](https://www.reeneнатvig.com/)

- **Dr. David Tredinnick PsyD**  
  734 Irma Ave., Orlando FL 32803  
  407-476-1345  
  [https://dtpsych.com/](https://dtpsych.com/)  
  *Not accepting new patients as of 2/3/22*

- **Heather Eslien LMHC**  
  1608 Oak St, Sarasota, FL 34236  
  (941)-840-0878  
  heather.d.eslien@gmail.com

- **Mary Davenport PhD**  
  1608 Oak St, Sarasota, FL 34236;  
  941-366-3134  

**Primary Care Physicians / Medical Providers**

- **Dr. Brenda Berry**  
  930 Lake Baldwin Lane, Orlando, FL 32814  
  407-898-1500; [http://brendabarrymd.com](http://brendabarrymd.com)

- **Dr. Pinero**  
  1720 S. Orange Ave., Suite 200, Orlando, FL 32806  
  407-426-9693; [http://www.pineromedical.com](http://www.pineromedical.com)

- **Bliss Healthcare Services**  
  2901 Curry Ford Rd, Suite #106  
  Orlando, FL 32806; 407-203-5984; Email: Rortiz@blisshs.com
• Dr. Adrianne Burrowes
  CFP Physicians Group
  985 State Road 436, Casselberry, FL 32707
  407-831-3765; http://www.cfpphysiciansgroup.com

• Dr. Roy Finley
  1100 62nd Ave S.
  St. Petersburg, FL 33705; 727-866-3166

• Meredith Gray, MD
  St. Petersburg Location:
  3251 3rd Avenue North, St. Petersburg, FL 33713, 727-321-3854
  Tampa Location:
  1315 E. 7th Ave, Suite 201, Tampa, FL 33605, 813-232-3808
  www.metrotampabay.org; Private Insurance, Medicaid, Medicare, & Self-Pay
  Chris Rudisill
  Director of LGBT Community Center Services
  Metro Wellness and Community Centers
  3251 3rd Avenue North, Suite 125, St. Petersburg, FL 33713
  Phone (727) 321-3854 ext. 238, Fax (727) 327-7670, www.metrotampabay.org
  LGBT Welcome Center
  2227 Central Avenue, St. Petersburg, FL 33713
  www.lgbtwelcomecenter.com

• Dr. Tim Carlson, M.D.
  Palms Primary Care
  1615 Pasadena Ave. South, Sute 430, St.Petersburg, FL 33707
  727-397-0606; Danielle Earley, Practice Manager

• Miracle of Love
  1301 W. Colonial Drive
  Orlando, FL 32804
  407-843-1760
  www.miracleoflove.org

• Crew Health
  8601 Commodity Circle
  Orlando, FL 32819
  Email: hello@crewhealth.org
  407-605-2252
  www.crewhealth.org

• 26 Health
  801 North Magnolia Ave, Ste 402
  Orlando, FL 32803
  (321) 800-2922
  www.26health.org
• Harmony Healthcare  
  1400 Orlando Ave #205  
  Winter Park, FL 32789  
  407-777-2022  
  https://harmonyhealthcareorlando.org/  

• Dr. Craig Levoy  
  470 2nd Street S Suite 101/201  
  St. Petersburg, FL 33701  
  727-893-6060  
  www.bayfrontstpete.com  

• Florida Gender Care  
  7901 4th Street N Suite 300  
  St. Petersburg, FL 33703  
  813-499-7749, floridagendercare@gmail.com  
  https://www.floridagendercare.com/  

• Diversity Health Center of Tampa Bay  
  Dr. David Lyter  
  4302 N. Habana Avenue, Ste. 200,  
  Tampa, FL 33607  
  813-518-0881  
  www.diversityhealthcenter.com  

• SPEKTRUM Health (Orlando)  
  5205 South Orange Ave Suite 110, Orlando, FL 32809  
  407-454-1363, YOU@SPEKTRUM.Health  
  https://spektrum.health/  

• SPEKTRUM Health (Melbourne)  
  1920 South Babcock Road Melbourne, FL 32901  
  321-294-0400, YOU@SPEKTRUM.Health  
  https://spektrum.health/  

Endocrinologists  

• Dr. Wende Kozlow  
  Intercoastal Medical Group  
  3333 Cattleman Road, Suite 104, Sarasota, FL 34232  
  941-379-1777  

• Dr. Roberto Ortiz  
  Bliss Healthcare Services  
  2901 Curry Ford Rd, Suite #106, Orlando, FL 32806  
  407-203-5984; Email: Rortiz@blisshs.com
• Dr. Brenda M. Barry, M.D.
  930 Lake Baldwin Lane, Orlando, FL 32814
  (407) 898-1500 ext 10, WomenCare@cfl.rr.com
  http://brendabarrymd.com
  Accepts most insurances. Does not take minors. Letter required. Physician that will supervise HRT, OB/GYN, (Estrogen for MTF).

• Tim Blend, M.D.
  The Blend Institute
  8648 East SR 70, Bradenton, FL 34202
  941-722-5600, cmonaghan@theblendinstitute.com

• Craig Sweet, M.D.
  Reproductive Medicine and Surgery
  World Plaza Lane, Ft. Myers, Fl 33907; 239-275-8118

• Cayce Jehaimi, M.D. (pediatric)
  Pediatric Endocrinologist
  15901 Bass Rd. #102, Ft. Myers, FL
  239-215-2186

• Tampa Bay Diabetes Thyroid and Endocrinology Clinic;
  Ajay Varanasi
  5775 5th Ave N, St Petersburg, FL 33710;
  727-345-5222

CENTRAL FLORIDA ADDITIONAL RESOURCES
  Tampa Bay, St. Petersburg, Orlando, Melbourne

Education/Community Support

• Southwest Florida Trans* Support Group
  Southwest Florida Trans* Support Group provides a safe, supportive and secure environment for Transgender, Transsexual and Gender Variant people and their loved ones. Our Groups are facilitated by Mary G. Davenport, PhD., and Heather D. Eslien, M.A., LMHC
  Contact at (941)-840-0878 or heather.d.eslien@gmail.com or Dr. Davenport by phone at (941)-366-3134 for more info, or visit: https://swfltrans.org/

  The 1st Saturday of each month:
  Trans* Feminine Support Group

  The 2nd Saturday of each month:
  Trans* Masculine Support Group

  The 3rd Saturday of each month:
  Loved Ones of Trans* and Gender Variant
• **LBGT Welcome Center**  
  2227 Central Avenue, St. Petersburg, FL 33713  
  727-201-4925  
  Email: [ChrisR@metrotampabay.org](mailto:ChrisR@metrotampabay.org)

• **The Center Orlando**  
  946 North Mills Ave  
  Orlando, FL 32803  
  407-228-8272  
  [www.Thecenterorlando.org](http://www.Thecenterorlando.org)

• **T-Network, Part of the Orlando LGBT Chamber of Commerce**  
  321-800-3946  
  Email: [gina.duncan@me.com](mailto:gina.duncan@me.com)

• **Southern Comfort Conference (SCC)**  
  [http://SCCFLA.org/](http://SCCFLA.org/)  
  Email: [info@sccatl.org](mailto:info@sccatl.org)

• **ALSO Youth, Inc**  
  1470 Blvd of the Arts  
  Sarasota, FL 34236  
  Contact Person: Donna E. Hanley, MA  
  Executive Director, ALSO Youth, Pronouns: she, her, hers  
  Office: 941-951-2576, [www.alsoyouth.org](http://www.alsoyouth.org)  
  [www.facebook.com/alsoyouth](http://www.facebook.com/alsoyouth)

• **LBGT Welcome Center**  
  2227 Central Avenue  
  St. Petersburg, FL 33713  
  727-201-4925  
  [www.lgbtwelcomecenter.com](http://www.lgbtwelcomecenter.com)  
  Email: [LGBT@metrotampabay.org](mailto:LGBT@metrotampabay.org)

• **METRO LGBT Centers**  
  Email: [Info@metrotampabay.org](mailto:Info@metrotampabay.org)

  St. Petersburg Location:  
  3251 3rd Avenue North,  
  St. Petersburg, FL 33713  
  727-321-3854

  Tampa Location:  
  2105 N Nebraska Ave  
  Tampa, FL 33602  
  813-232-3808
Pasco/Hernando Location:
4747 US Hwy 19
New Port Richey, FL 34652
727-494-7625
Email: LGBT@metrotampabay.org
Transgender support programs, social programs and events, education and training, HIV testing and prevention, HIV Case Management Services and Medical Care, Transgender Health Care, Smoking Cessation, Health and Wellness Programs, Yoga and Meditation, Cultural Competency Training, SAGE Tampa Bay (Older Adult Services), Substance Abuse, Youth programs.

Metro Wellness at the Flamingo Resort
4601 34th St South
St. Petersburg, FL 33711
Metro now offers free HIV & Hep C testing at the Flamingo Resort on Sundays, Mondays, and Thursdays from 2:00 to 7:00 pm. Please call us for more information or stop by for a test during those hours!

Hope and Help Center of Central Florida
6388 Silver Star Road, Suite 1B
Orlando, Florida 32818
(407) 645-2577
http://www.hopeandhelp.org/
Services offered: HIV Treatment & Prevention, LGBTQ Primary Care, STD Treatment & Prevention, Transgender Health and Medical Transition Therapy. We also do FREE HIV screening at our office and several locations throughout Central Florida as well as on our mobile unit!

• Gender Identity in Florida Today - G.I.F.T.
Orlando, FL
(321) 430-5590
Group Support - Friendships - Events/Socials - Advocacy
https://giftorlando.org/
publicrelations@giftorlando.org

TRANS CENTRAL STATION - Orange County
Trans Central Station welcomes all individuals within the LGBT spectrum, their family and supporters. 7:00 to 8:30 pm on the 1st Tuesday of the month
FULL TIME TRANS - Orange County
a peer-to-peer support group in which transsexuals in transition and post-op transsexuals can meet to discuss problems specific to their situation. 7:00 to 8:30 pm on the 3rd Tuesday of each month.
BETWEEN THE LINES - Orange County
Still questioning their place among the spectrum of gender, or for those of us who are existing between female and male, and even those who question gender roles. 7:00 to 8:30 pm on the 4th Tuesday of each month.
TRANS MEN - Orange County
Support group for FTM and trans masculine individuals. 7:00 to 9:00 pm on the 1st and 3rd Wednesdays of each month.

Meetings are held at The Center in Orange County:
The Center
946 North Mills Ave
Orlando, Florida 32803
(407) 228-8272
thecenterorlando.org
• **Trans + Allies support group - Volusia County**
  Join us at the Collective Church for a supportive event featuring guest speakers, snacks as well as Game Night after the meeting. All people under the umbrella, allies, friends and family welcome! Donations Accepted.

  Meetings are held at The Collective Church in Volusia County
  Collective Church
  111 S Alabama Ave
  DeLand, Florida 32724
  (321) 238-8341
  wearecollectivechurch.com

• **TRANSnFIT - Fitness Training, Coaching, Nutrition and Health**
  Orlando, FL
  Contact Coach Alexandria
  alegutier@gmail.com
  786-863-4618 - Call or text

• **Crosswinds Youth Services, Inc.**
  1407 Dixon Blvd, Cocoa, FL 32922
  Cell: (321)452-0800
  Email: infocrosswinds@crosswindsyouthservices.org;
  Website: www.crosswindsyouthservices.org
  Crosswinds Youth Services, Inc provides a multitude of resources for youth, including a youth shelter for 17 and under, transitional housing, case management, and outpatient counseling.

• **Corrine Drive Counseling Center**
  3222 Corrine Drive, Suite A, J, K, L
  Orlando, FL 32803
  Cell: 407-716-7207
  Email: corrinedrivecounselingcenter@gmail.com
  Website: http://www.corrinedrivecounselingcenter.com
  Both Joe Salg, LMHC and Dominique Barritt, LMHC specialize in work with the transgender community... during all phases of transition.

• **Chase Therapies**
  2400 S. Ridgewood Ave Suite 17
  S. Daytona, FL 32119
  Cell: 4079296251
  Email: Jennifer.Marvin.61@gmail.com
  Therapist is a Transgender Woman. LGBT staff members.

• **Transforming Children and Families**
  15 N. Tampa Ave
  Tampa, FL 33602
  Cell: 4079296251
  Email: Jennifer.Marvin.61@gmail.com
  Therapist is a Transgender woman. There are also LGBT staff members.
Transgender & Crossdressers: Phi Epsilon Mu
P.O.Box 158
Highland City, FL 33846
Email: carolync@tampabay.rr.com
http://transsupportfl.com/
TG Support group for emerging TG folks, wives, and S/O's. Meets monthly in the Orlando area

Bliss CARES Inc.
2901 Curry Ford Rd Suite 106
Orlando, FL
Jrodriguez@blisshs.com; 407-203-5984
http://Blisscares.org
Specialized in Patient Care, mental health and resources for Transgender.

PFLAG Orlando & Central Florida
PO Box 141312, Orlando, FL, 32814-1312, 407-236-9177
info@pflagorlando.org, http://pflagorlando.org
PFLAG Orlando & Central Florida, was started in 1992 and is here to provide ongoing support, education and advocacy to all Central Florida LGBTQ+ persons, their parents, family, friends and allies.

The Spring of Tampa Bay
211 N Willow Ave
Tampa, FL 33606
mdecampos@thespring.org, (813) 247-7233
http://thespring.org
The Spring is Hillsborough County's certified domestic violence agency that provides services to survivors of intimate partner violence and human trafficking. All services provided are inclusive.

Equality Florida
Website: https://www.eqfl.org/
Email: Nikole@equalityflorida.org or HR@equalityflorida.org
(813) 870-3735

Crew Health (HIV/STD Testing)
8601 Commodity Circle
Orlando, FL 32819
Email: hello@crewhealth.org
407-605-2252
www.crewhealth.org

Youth Services

Zebra Coalition
407-228-1446
www.zebrayouth.org
Email: info@zebrayouth.org, Facebook: www.facebook.com/zebracoalition

PFLAG Orlando: Parents, Family & Friends Support
www.pflagorlando.org
407-236-9177
Email: pflagorlando@yahoo.com
• **METRO LGBT Centers**  
  Email: [Info@metrotampabay.org](mailto:Info@metrotampabay.org)  
  St. Petersburg Location:  
  3251 3rd Avenue North,  
  St. Petersburg, FL 33713  
  727-321-3854  
  
  Tampa Location:  
  2105 N Nebraska Ave  
  Tampa, FL 33602  
  813-232-3808  
  
  Pasco/Hernando Location:  
  4747 US Hwy 19  
  New Port Richey, FL 34652  
  727-494-7625  
  Email: [LGBT@metrotampabay.org](mailto:LGBT@metrotampabay.org)  

• **Weekly Youth Support Programs, Free Counseling**  
  LGBT Welcome Center  
  2227 Central Avenue  
  St. Petersburg, FL 33713  
  727-201-4925  
  [www.lgbtwelcomecenter.com](http://www.lgbtwelcomecenter.com)  
  Email: [LGBT@metrotampabay.org](mailto:LGBT@metrotampabay.org)  
  Queer Youth Nights, Drop-ins  

• **Rose Dynasty Foundation**  
  Email: [jason@rosedynastyfoundationinc.org](mailto:jason@rosedynastyfoundationinc.org)  
  [www.rosedynastyfoundationinc.org](http://www.rosedynastyfoundationinc.org)  

**Aging Support**  

• **The Center, Orlando**  
  [www.thecenterorlando.org](http://www.thecenterorlando.org)  
  Email: [director@thecenterorlando.org](mailto:director@thecenterorlando.org)  

• **SAGE Tampa Bay**  
  METRO LGBT Centers  
  813-232-3808  
  [www.metrotampabay.org](http://www.metrotampabay.org)  
  Email: [LGBT@metrotampabay.org](mailto:LGBT@metrotampabay.org)  

**Churches**  

• **Allendale Methodist Church**  
  3803 Haines Road North – Saint Petersburg, Florida 33703  
  (727) 527-6694  
  [office@allendaleumc.org](mailto:office@allendaleumc.org)
Veteran Services

- **Tamara J. Reed** (Program Manager & Outreach - LGBTQSA Special Emphasis)
  James A. Haley and C.W. Young Bay Pines Veterans’ Hospitals
  Tampa, FL, (813) 972-2000, ext. 2131, Email: Tamara.Reed@va.gov

- **Keri K. Griffin-Edenfield LCSW, CAP**
  Orlando Veterans Administration Medical Center (Veterans Only)
  Orlando, FL, 407-621-2622, Email: Keri.Griffin@va.gov

- **Veterans Readjustment Counseling Services**
  Orlando, FL, 1-407-857-2800, Email: Elizabeth.Jackson3@va.gov

- **Interactive Online Veterans Shared Experiences**
  www.maketheconnection.net

Gender Expression

- **METRO LGBT Centers**
  3251 3rd Avenue North
  St. Petersburg, FL 33713
  www.metrotampabay.org, Email: LGBT@metrotampabay.org
  Ongoing group classes offered.

Vocal Coaching

- **Barbara Oliver** M.Ed. CCC/SLP, Speech Pathologist (Voice and Communication Training)
  St. Petersburg, 727-418-3065, Email: babz1948@gmail.com

- **Dr. Karen Wicklund**
  Lakewood Ranch
  847-476-7464, wickland@singershealth.com, www.singershealth.com

- **Dr. Karen Wicklund, DM, MHS CCC-SLP/L, SVS**
  Florida Center for Professional Voice/Of Special Note Inc.
  8374 Market Street, Box 523
  Bradenton, FL 34202
  voice mail: (941)251-6694, fax: (941) 251-6697, www.singershealth.com
  Skype ID: doctorsoprano, email: wicklund@singershealth.com
  -Professor Emeritus, The Schools of Music and Communication Disorders, Western Michigan University
  -Provider of Singing Voice Specialist Training through National Center for Continuing Education in Voice (NICEV), a division of Of Special Note Inc.
Hair & Makeup

- **Wigs & More** (Trans Owned)
  Port Charlotte
  941-979-9999, [www.wigsanmore.com](http://www.wigsanmore.com), Email: debbiebarry@gmail.com

- **Wig Villa**
  St. Petersburg
  727-823-3100, [www.wigvillaonline.com](http://www.wigvillaonline.com)  Email: wigvilla@verizon.net

- **Ritzy Rags**
  Wigs, Breast Forms, Cosmetics
  Orlando, FL
  407-897-2117, [www.ritzyrags.com](http://www.ritzyrags.com)  Email: ritzyragsemail@aol.com

- **Pizarro Hair Restoration Inc.-Marina Pizarro MD**
  7575 Dr Phillips Blvd. Suite #20, Orlando, FL 32819
  info@drpizarro.com; 407-226-9300; [www.drpizarro.com](http://www.drpizarro.com)
  With over 25 years of experience, Dr. Pizarro is a specialist who performs nothing but hair transplant surgery (FUE & FUT).

Electrolysis

- **Mary J. Moffett**
  727-527-5327
  Tampa/St. Petersburg, FL

- **6S Boutique** (Trans Owned)
  St. Petersburg, FL
  727-498-6590, [www.6sboutique.com](http://www.6sboutique.com)  Email: Andrew@6sboutique.com

- **Orlando Institute For Electrolysis & Laser Hair Removal**
  #1-8, 6900 Turkey Lake Rd, Orlando, FL 32819
  407-295-2081, [http://orlandoinstitute.com](http://orlandoinstitute.com)/  Email: michele@orlandoinstitute.com

- **Aesthetics by Karen Marlise**
  10701 Village Green Ave, Seminole FL 33772
  [www.tampabaylaserhairremoval.com](http://www.tampabaylaserhairremoval.com), Phone: (727) 398-4187

- **James at Badar’s Hair and All**
  2321 E Fowler Ave, Tampa, FL 33612
  Phone: (813) 979-0058
  [https://www.badarshairandall.com](https://www.badarshairandall.com)/

Legal

- **METRO LBGT Centers**
  3251 3rd Avenue North, St. Petersburg, FL 33713
  [www.metrotampabay.org](http://www.metrotampabay.org), Email: LGBT@metrotampabay.org, Free legal consultation by appointment.
### Surgery Resources

- **Dr. Jessica Vaught**
  21 Columbia St, #101, Orlando, FL 32806, 321-841-6060

- **Dr. Michael Fountain**
  1210 Waterman Way, Suite 1210, Tavares, FL 32778, 352-343-2364
  M2F orchiectomy

- **Timeless Surgical Center, Mariah Fox**
  3343 Tampa Road, Palm Harbor, FL 34684
  727-493-2588 [https://timelessandbeautiful.com/](https://timelessandbeautiful.com/)
  Minimally invasive and non-surgical options: Body shaping, Vaser lipo, Laser hair removal, Botox, Fillers, etc.

### Veteran Services

- **Orlando VA Medical Center**
  5201 Raymond. St, Orlando, FL 32803
  I work as the Orlando VA LGBT Special Emphasis Program Manager. I provide individual, couples, family, & group therapy as well as many other services, please contact me to find out more.

- **The Legal Aid Society of the OCBA, Inc.**
  100 E Robinson Street, Orlando, FL 32801
  [jmoble@legalaidocba.org](mailto:jmoble@legalaidocba.org), 407-790-6637, Civil Legal Aid

### NORTH FLORIDA RESOURCES

Jacksonville, Gainesville, Tallahassee, Pensacola, Panama City

### Mental Health Therapists

- **Kristie Overstreet LMHC, LPC, CAP, NCC**
  Licensed Mental Health Counselor - Licensed Professional Counselor - Certified Sex Therapist - Certified Addiction Professional
  Therapy Department
  4540 Southside Boulevard Suite 401, Jacksonville, FL 32216
  Email: [Kristie@TherapyDepartment.com](mailto:Kristie@TherapyDepartment.com), (904) 566-9256, [http://www.TherapyDepartment.com](http://www.TherapyDepartment.com)

- **Noelle Pomeroy, PhD, LMHC**
  Jacksonville Center for Sexual Health
  12443 San Jose Blvd., Jacksonville, Florida 32223
  [noelle@jaxsexualhealth.com](mailto:noelle@jaxsexualhealth.com), 904-383-7613
  [www.jaxsexualhealth.com](http://www.jaxsexualhealth.com)
• Dr. Jennifer Sager, Ph.D.
  1208 NW 6th Street Gainesville FL 32601
  352-378-2829, SagerITM@aol.com (Can email to make appointment)
  Accepts Blue Cross Blue Shield. Costs: $175(initial session) & $125(following 50 minute sessions).

• Dr. Charles Martin, Ph D.
  2631 NW 41 St E6, Gainesville, FL 32606
  352-375-7756, info@drcharlesmartin.com
  https://www.drcharlesmartin.com/

• Matt Borer, Ph.D. LMFT
  2720 Park St. Office 209, Jacksonville, Fl. 32205
  904-874-1387, https://www.mattborer.com/
  Notes: Works specifically with transgender clients.

• Marcy Weiss, Ph.D., LCSW, CEAP, CAP, SAP
  Crossroads Office Plaza
  1897 Palm Beach Lakes Blvd, Suite 110, West Palm Beach, Florida 33409
  561-702-2228, Email: mrw417@aol.com
  http://www.drmarcydaterweiss.com/

• Lisa J. Moore, LMHC
  2301 Park Avenue, 406-5, Orange Park, Florida, 32073
  (904) 269-2931, lisajmoorems@gmail.com
  https://lisajmoorelmhc.com/

• Patricia Lee O’Haver
  1727 Blanding Blvd., Suite 105
  Jacksonville, Florida 32210
  The Alternatives Group, 904-446-5175, 904-772-1775, Email: patricia_gal@yahoo.com

• Alan Kagan, MD, Psychiatrist
  2880 Capital Medical Blvd #2, Tallahassee, FL 32308
  850-656-5523

• Dr. Ellen Shapiro, Clinical psychologist
  1003 N Adams, Tallahassee, FL 32303
  850-222-0003, Email: DrEllenShapiro@gmail.com
  https://www.drellenshapiro.com/
  mailto:DrEllenShapiro@gmail.com

• Lorin Brand
  109 W. 4th Ave. Tallahassee, FL 32303
  850-308-5429, Email: lorinbrand@gmail.com
  mailto:lorinbrand@gmail.com

• Ludmila De Faria, MD, Psychiatrist
  University of Florida Health Clinic
  4037 NW 86th Terrace, Gainesville, FL 32606
  (352) 594-1859, l.barbosadefaria@ufl.edu
• **Ieshai T. Bailey-Davis, M.S., CST**  
  Board Certified Sex Therapist - Transgender Care Therapist - Registered Mental Health Counseling Intern - Kink Aware Therapist - Certified Clinical Trauma Professional  
  Bailey House of Wellness, LLC  
  4570 St. Johns Avenue Suite C, Jacksonville, Florida 32210  
  (904) 738-3506 (office)  
  Jacksonville Location, bhowyou@gmail.com  
  www.bhowyou.com

• **Emily Franck Hoon, PhD - Therapist**  
  2531 NW 41st Street, Gainesville, FL 32606, 352-375-4666

• **Tamara Powell**  
  Arya Therapy Services  
  2701 N. 12th Ave., Pensacola, FL 32503  
  Email: aryatherapy@gmail.com, Cell: (850) 777-3334  
  Web: www.aryatherapy.com, FB: www.facebook.com/aryatherapyservices

• **A Safe Port Counseling Center**  
  1720 W. Fairfield Dr Suite 505  
  Pensacola, FL 32501, 850-723-0042, feathersong@bellsouth.net

• **Free Trans Support Group**  
  406 McIntosh Ave, Orange Park, FL 32073  
  edna@escounseling.com: Second Tuesday of the month at 4 p.m. Contact Edna to confirm date and location before attending

• **Free Trans Support Group**  
  Noelle@jaxsexualhealth.com, 904-383-7613, http://jaxsexualhealth.com; Usually second or third Wednesday of the month at 7:30 p.m. in Jax Public Library South Mandarin Branch (12125 San Jose Blvd). Contact Noelle to confirm location and date.

• **Possible Self Counseling**  
  All appointments are virtual as of 2/10/22  
  possibleselfcounseling@gmail.com, 904-867-7478  
  www.possibleselfcounseling.com/mailto:jonathan.appelbaum@med.fsu.edu  
  Melissa Lee-Tammeus, PhD, LMHC Individual/Family Counseling for HRT/SRS - for those exploring and/or seeking Hormone Replacement Therapy (HRT) or Sexual Reassignment/Confirmation Surgery (SRS).

• **Pamela Trompeter MA, MSW, LCSW**  
  277 Forest Park Circle, Panama City, FL 32401  
  (850) 972-1522, ptlcsw@hotmail.com  
  My practice is focused on working with depression, anxiety, couples counseling, addictions, LGBTQI issues and hormone therapy evaluations.

• **Jennifer Ducharme, LMHC @ Jacksonville Center for Counseling**  
  3560 Cardinal Point Suite 204, Jacksonville, FL 32257  
  (904)737-7242, jaxcounselors@gmail.com  
  http://www.jacksonvillecenterforcounseling.com/  
  Sliding scale. Private insurance. Provides HRT and Surgery letters.
• Anne C. Hooton LMHC
  112 W Cervantes St, Pensacola, FL 32501 (850) 466-3200
  http://www.acmhcf-l.org/
  Sliding scale. Private insurance. Provides HRT and Surgery letters.

• Breakthrough's Counseling and Recovery- Jada Helmer, LMHC
  3810-3 Williamsburg Park Blvd, Jacksonville FL 32257
  jadarh@gmail.com
  904-419-6102
  https://jaxtherapists.com/

• Authentic Self Counseling, LLC
  3733 University Blvd, Suite 112, Jacksonville FL 32217
  akindland@authenticselfjax.com, 904-990-7117
  http://www.authenticselfjax.com/
  Authentic Self Counseling: private practice with two Dignity Model Certified counselors who specialize
  working with LGBT community. Can provide HRT and GA surgery letters.

• Psychological Fitness Associates:
  21903 Panama City Beach Parkway, Panama City Beach, FL 32413;
  Leticia Grove LMHC
  850-588-7089
  leticia.grove@psychfitness.org

• Lutheran Social Services of Northeast Florida
  4615 Philips Highway, Jacksonville, Florida 32207
  John Pimentel Jr RMHCI
  904.739.7022
  ic2it@hotmail.com

• Jennifer Evans PsyD
  2121 NW 40th Terr. Ste B. Gainesville, FL 32605 & 108 N. Magnolia, Suite 309, Ocala, FL 33475
  Phone: (352) 336-2888
  drevans@cpancf.com

• Jan M. Snyder PhD
  7711 SW 103rd Ave., Gainesville, FL 32608
  352-222-3372, drjanmsnyder@gmail.com
  www.drjanmsnyder.com

• Marc Kepner PsyD
  Haile Market Therapy & Behavioral Medicine
  2653 SW 87th Drive, Suite A, Gainesville, FL 32608
  352-331-0020
  https://hailemarkettherapy.com/

• Charles Martin PhD
  2631 NW 41 St E6, Gainesville, FL 32606
  352.375.7756
  info@drcharlesmartin.com
• Emily Hoon PhD
  2531 NW 41st St., Building C, Gainesville, FL 32606
  352-375-4666
ephoon@remconsults.com

• UF Department of Psychiatry;
  Anyaliese Hancock-Smith PhD
  8491 NW 39th Ave, Gainesville, FL 32606
  352-265-4357

• North Florida/South Georgia Veterans Health System
  Michelle Smith PhD
  619 South Marion Avenue, Lake City, FL 32025
  386-755-3016 x392602
  https://www.va.gov/north-florida-health-care/

• Dr, Cynthia Mulit, PH.D, LAC, NCC. BC-TMH
  404 Kelly Plantation Dr Unit 1505 Destin, FL 07830
  cynthia.mulit@me.com
  https://drcynthiamulit.securepatientarea.com/portal/

• Alicia Armstrong
  325 John Knox Road, Building T, Suite 2, Tallahassee, Florida 32303
  alicia@counselingwithalicia.com
  (850)-229-6777
  http://www.counselingwithalicia.com

• Judith Asermely, LCSW
  8825 Perimeter Park Blvd Jacksonville, FL 32216
  judithasermely@gmail.com
  (904)-834-5619

• Alea Wise
  2114 NW 40th Terrace Suite D2
  alea@aleawise.com
  (352) 448-1134
  Registered Play Therapist (LGBTQ+ Youth)

• Ezra Stone
  Gainesville, Florida 32609
ezrastone.lcsw@gmail.com, (352) 280-3769
  Letters, Transitioning Support-MSW, LCSW

Primary Care Providers

• Dr. Howard Green
  14444 Beach Blvd Ste 28, Jacksonville, FL 32250, (904) 367-2277

• Dr. Julie Kelch and Dr. John Ness
  616 Universal Dr, Tallahassee, FL 32303, 850-385-1839
- **Dr. Laura Preston**  
  Capital Regional Medical Center  
  3217 Capital Medical Blvd, Tallahassee, FL 32308, 850-942-5728  
  [www.capitalregionalmedicalcenter.com](http://www.capitalregionalmedicalcenter.com)  
- **Dr. Jonathan Appelbaum**  
  FSU-TMH Internal Medicine Residency Clinic  
  1300 Miccosukee Road, Tallahassee, FL 32308, (850) 645-1227  
  Email: jonathan.appelbaum@med.fsu.edu  
  Also provides HRT.

- **Dr. Ramiz Kseri**  
  2911 Roberts Ave  
  Tallahassee, Florida 32310  
  Email: ramiz.kseri@med.fsu.edu  
  [https://med.fsu.edu/fsuprimaryhealth/home](https://med.fsu.edu/fsuprimaryhealth/home)

- **Family Practice Associates**  
  Michael Horsemann  
  4410 W Newberry Rd Ste B, Gainesville, FL 32607  
  (352) 372-7800

- **UF Health Family Medicine - Magnolia Parke**  
  Catherine Blackband  
  3951 NW 48th Terrace, Suite 101, Gainesville, FL 32606  
  352-265-5230  
  blaccm@shands.ufl.edu

- **UF Health Family Medicine - Magnolia Parke**  
  Nichole Provost  
  3951 NW 48th Terrace, Suite 101, Gainesville, FL 32606  
  352-265-5230  
  provon@shands.ufl.edu

- **UF Health Pediatric Specialties and UF Health Shands Children’s Hospital**;  
  Janet Silverstein MD  
  2000 SW Archer Rd, Second floor, Gainesville, FL 32608;  
  352-265-5230

- **University of Florida Student Health**  
  Ann Grooms MD  
  Infirmary Building, 280 Fletcher Drive, Gainesville, Fl 32611;  
  (352) 294-7403  
  agrooms@ufl.edu

- **Keystone Behavioral Pediatrics**  
  172 Canal Blvd, Ponte Vedra Beach, FL 32082  
  (904) 373-0082  
  info@keystonebehavioral.com  
  [https://www.keystonebehavioral.com/](https://www.keystonebehavioral.com/)
• UF Health Pediatrics
  Stephanie Ryan MD
  Tower Road; 7046 SW Archer Rd, Gainesville, FL 32608
  352-733-1770
  https://ufhealth.org/stephanie-ryan

• UF Health Youth Gender Program
  Kristin Dayton MD
  352-265-PEDS (7337);
  peds-administration-ref-info@peds.ufl.edu

• Medical Health Center, Urgent Care in Ocala
  Lisa Young MD
  1714 SW 17th St, Ocala, FL 34471;
  352.274.9900
  info@gotomhc.com

http://www.tallahasseeprimarycare.com/

Endocrinologists

• Michael Fox, MD, Endocrinologist
  Jacksonville Center for Reproductive Medicine
  7051 Southpoint Pkwy, Suite 200
  Jacksonville, FL 32216
  904-493-2229
  www.jcrm.org
  Physician that oversees HRT. Experience working with older clients.

• C.W. Randolph, Jr., M.D., R.Ph.
  Ageless & Wellness Medical Center
  1891 Beach Blvd., Suite 200
  Jacksonville Beach, FL 32250
  904-249-3743
  http://www.agelessandwellness.com/
  Physician that oversees HRT. Experience working with older clients.

• Michelle Mendez, MD
  Mendez Family Care
  904-264-2752
  1909 Beach Blvd. Ste 102
  Jacksonville Beach, FL 32250
  http://mendezfamilycare.doctorsoffice.net
  This doctor does not permit trans females to dress in feminine clothing in her practice. Confirmed by NP 4/15/2014. Only in-house shots.

• Dr. Hashey
  First Coast Family Medicine
  9191 R G Skinner Pkwy #603
  Jacksonville, FL 32256
  904-538-0950
  www.firstcoastdoctor.com
  Physician that oversees HRT. This location does in-house injections only (no take home injectable hormone prescription). Cost is $48/shot (usually weekly) for self-pay, insurances vary. http://www.firstcoastdoctor.com/
• **Jeffery Johns, DO**  
  St. Vincent's Family Medicine  
  2627 Riverside Ave  
  Jacksonville, FL 32204  
  904-308-7372

• **Sadaf Jeelani, MD**  
  4340 Newberry Road, Suite 301  
  Gainesville, FL 32607  
  352-372-9414  
  Email: robertsb@accentmd.com

• **http://www.jaxhealth.com/services/womens-services/find-a-doctor/doctor-profile/?id=2034**  
  **Dr. Jonathan Appelbaum**  
  FSU-TMH Internal Medicine Residency Clinic  
  1300 Miccosukee Road  
  Tallahassee, FL 32308  
  (850) 431-7900  
  Email: jonathan.appelbaum@med.fsu.edu

• **Celeste Hart**  
  North Florida Regional Thyroid Center  
  1705 S. Adams  
  Tallahassee, FL 32301  
  850-224-7154  
  [www.thyroidcenter.com](http://www.thyroidcenter.com)  

• **Terry Sherraden**  
  Tallahassee Endocrine Associates  
  2633 Centennial Blvd Ste 100, Tallahassee, FL, 32308  
  850-877-7387

• **Vishnu N. Behari, M.D.**  
  6160 N Davis Hwy #10a, Pensacola, FL 32504  
  (850) 208-3848

• **UF Health Youth Gender Program**  
  2000 SW Archer Road  
  Gainesville, FL 32601, 352-265-7337  
  [https://endo.pediatrics.med.ufl.edu/resources/youth-gender-program/](https://endo.pediatrics.med.ufl.edu/resources/youth-gender-program/)  
  UF Health Youth Gender Program is a multidisciplinary clinic, medical and psychological, specifically for transgender youth up to age 21. A "letter" is not required to make an initial appointment.

• **Institute of Endocrinology**  
  501 N Spring St., Crestview, FL 32536  
  (850)460-7090  
  [https://www.iedhh.com/](https://www.iedhh.com/)

• **Institute of Endocrinology**  
  1241 Airport Rd Suite M  
  Destin, FL 32541 (850)460-7090  
  [https://www.iedhh.com/](https://www.iedhh.com/)
• **Accent Physician Specialists**  
  Sadaf Jeelani  
  4340 W Newberry Road, Suite 301, Gainesville, FL 32607  
  352-372-9414  
  [http://www.accentmd.com](http://www.accentmd.com)

• **UF Health Pediatric Specialties**  
  Michael Haller MD  
  Medical Plaza; 2000 SW Archer Rd, Second floor, Gainesville, FL 32608  
  (352) 265-7337, hallerms@ufl.edu  
  [https://ufhealth.org/michael-haller](https://ufhealth.org/michael-haller)

**Additional Resources**

**Surgeons**

• **Gulf Coast Facial Plastics, Daniel Campbell Daube Jr, M.D., F.A.C.S.**  
  200 Doctors Drive,  
  Panama City, FL 32405  
  (850) 784-7722  
  Doctors Daube and McAllister assist each other in their practices to provide transgender affirming care to the LGBT community throughout the area by sharing OR’s to reduce the cost of procedures for transgender patients.

• **Coastal Plastic Surgery Institute, Andrew D. McAllister, D.O.**  
  600 Grand Panama Boulevard Suite 101B  
  Panama City Beach, Florida 32407  
  [https://www.coastalplasticsurgeryinstitute.com/](https://www.coastalplasticsurgeryinstitute.com/)  
  (850) 233-7674  
  Doctors McAllister and Daube assist each other in their practices to provide transgender affirming care to the LGBT community throughout the area by sharing OR’s to reduce the cost of procedures for transgender patients.

• **UF Health Plastic Surgery and Aesthetics Center**  
  Bruce Mast MD FACS Plastic Surgeon  
  4037 NW 86 Terrace, 3rd Floor, Gainesville, FL 32606;  
  352-265-8402  
  [https://ufhealth.org/bruce-mast](https://ufhealth.org/bruce-mast)

**Gynecologists**

• **Todd Rasner, M.D., F.A.C.O.G. Sekine, Rasner, & Brock, M.D., P.A.**  
  Obstetrics, Gynecology, and Fertility  
  11945 San Jose Blvd., building 400, Jacksonville, FL 32223  
  904-262-5333  
  [https://www.srbobgyn.com/dr-todd-rasner](https://www.srbobgyn.com/dr-todd-rasner)
• **Micheal Fox**  
  Jax Center for Reproductive Medicine  
  7051 Southpoint Pkwy S Ste 200, Jacksonville, FL  
  (904) 493-2229  
  [https://jcrm.org/michael-fox/](https://jcrm.org/michael-fox/)

• **Planned Parenthood of South, East, and North Florida**  
  Jacksonville Health Center  
  5978 Powers Ave Jacksonville, FL 32217  
  904-399-2800  
  [https://www.plannedparenthood.org/planned-parenthood-south-east-north-florida](https://www.plannedparenthood.org/planned-parenthood-south-east-north-florida)

• **Gainesville Gynecology Group**  
  Kelli Ross MD OBGYN  
  6730 NW 11th Place Gainesville, FL 32605;  
  352-331-3234  
  [https://gainesvillegynecology.com/](https://gainesvillegynecology.com/)

**PHARMACY**

• **TruLife Pharmacy**  
  3516 Enterprise Way, Suite 7, Green Cove Springs FL 32043  
  frank@trulifepharmacy.net  
  904-531-3030  
  [http://www.trulifepharmacy.net/](http://www.trulifepharmacy.net/)  
  TruLife Pharmacy in JAX is transgender friendly. We compound male/female hormones and ship for free. 904-531-3030 phone; 904-531-3060 fax; frank@trulifepharmacy.net. PS—we also escribe!

**General Resources**

• **Dan Sostrom, President**  
  PFLAG St. Augustine  
  PO Box 573, St. Augustine, FL 32085-0573  
  Phone: (904) 853-0808  
  Email: pflagstaug@gmail.com  
  Facebook: [www.facebook.com/pflagstaug](http://www.facebook.com/pflagstaug)

• **UNF LGBT Resource Center**  
  University of North Florida  
  (904) 620-4720, [unflgbt@unf.edu](mailto:unflgbt@unf.edu)  
  [https://www.unf.edu/lgbtqcenter/](https://www.unf.edu/lgbtqcenter/)

• **Lavender Network**  
  The Lavender Network’s goal is to bring the LGBTQ community, their friends and families, together through gardening and related activities.  
  [thelavendernetwork@gmail.com](mailto:thelavendernetwork@gmail.com); Facebook: [www.facebook.com/thelavendernetwork](http://www.facebook.com/thelavendernetwork)
http://www.facebook.com/unflgbt

- **PFLAG Jacksonville**
  Through support, education, and advocacy, PFLAG of Jacksonville promotes the Health and well-being of LGBT persons, family, and friends.
  Garry Bevel, Current President
  24/7 Helpline: 904.737.3329
  General E-Mail: info@pflagjax.org
  USPS: P.O. Box 2971 Jacksonville, Fl 32203
  Website: www.pflagjax.org

- **PFLAG Panama City**
  pflagpanamacity@gmail.com
  Tom Hughes, Current President (850) 866-5573
  Through support, education, and advocacy, PFLAG of Panama City promotes the Health and well-being of LGBT persons, family, and friends. Offering support groups and gatherings monthly.

- **Jacksonville Transgender Action Committee (JTAC)**
  JTAC works to improve the lives of transgender and gender nonconforming individuals in the Jacksonville community through education, support, and advocacy. The group hosts biweekly socials every other Thursday, as well as monthly committee meetings the third Tuesday of each month.
  Phone: 904-620-2939
  k.legg@unf.edu; jaxtransaction@gmail.com

- **Transgender Tallahassee**
  Margeaux Mutz is the contact person for Transgender Tallahassee. We do a monthly chat group plus various other events throughout the year. We are a conduit to education of the non-trans community as well through our speaker bureau and other interaction with the local media etc. Our chat group meets once a month at:
  Waterworks, 1133 Thomasville Rd. 32301.
  transgendertallahassee@gmail.com
  https://www.facebook.com/Transgender-Tallahassee-138910469495684/

- **The Family Tree**
  The Family Tree is chaired by Steven Hall who can be reached at steven@familytreecenter.org. The Family Tree is Tallahassee’s LGBT organization. They present our yearly Pride Celebration and also serve to disseminate info throughout the community both LGBT and not. The Family Tree is the non-profit organization or which Transgender Tallahassee is linked. No physical address at this time.
  web: familytreecenter.org, email: steven@familytreecenter.org, Phone: 850-222-8555

- **Dr Noelle Pomeroy's Trans+Gender Nonconforming Support Group**
  12125 San Jose Blvd, South Mandarin Library
  Jacksonville, FL 32223
  Noelle@jaxsexualhealth.com; https://jaxsexualhealth.com/

- **Edna Schafer, LMHC Trans+Gender Nonconforming Support Group**
  406 Mcintosh Avenue
  Orange Park, FL 32073
  edna@ecounseling.com
  Second Tuesday of the month at 4pm in E S Counseling starting in December (pending RSVPs)
• Bare Skin Electrolysis
4400 Bayou Blvd Ste 36
Pensacola, FL 32503
(850) 476-5244
http://newlifebareskin.com/
Ask for Kelly

• Vixens Garage
9727 Touchton rd 19
Jacksonville, Florida 32246
carannacole@aol.com, (904) 520-3679
https://caraidvip.godaddysites.com/
Full service Automotive/Moto
26 years of Detailing Perfection
Our quality and work is unsurpassed uniform and prestigious!
*Master Celebrity Detailer
Tried and true chemicals and performance

Youth/Young Adult Support

• UNF LGBT Resource Center
University of North Florida
(904) 620-4720, unflgbt@unf.edu
https://www.unf.edu/lgbtqcenter/

• JASMYN (Jacksonville Area Sexual Minority Youth Network)
923 Peninsular Place
Jacksonville, FL 32204
P: (904) 389-3857
Gay Youth Information Line: (904) 389-0089
E-mail: jasmyn@jasmyn.org, www.jasmyn.org

Mental Health/Addiction/Recovery Support

• Freedom to be Me
FreedomToBeMeLGBT@yahoo.com
904-516-8088
https://www.facebook.com/Freedom2BMe

• Lakeview Health
https://www.lakeviewhealth.com/
1900 Corporate Square Blvd, Jacksonville Fl 32216
866.552.6557

• HIV/AIDS Care
NFAN (Northeast Florida AIDS Network)
2715 Oak St, Jacksonville, FL 32205
(904) 356-1612, http://www.nfanjax.org/
- **Florida Counseling and Evaluation Services**  
  6950 Philips Highway, Suite 11  
  Jacksonville, FL 32216  
  agauler@flces.com  
  904-239-3677

**General**

- **Jax Youth Equality**  
  https://jaxyouthequality.org/safe-place-resources/  
  A resource list of LGBT-friendly resources, including businesses, legal services, and health-related providers.

- **Acupuncture Physician in Pensacola**  
  Dr. Peter J Shark, AP NNTS  
  Gulf Coast Wellness  
  1215 W Garden St., Pensacola, FL 32502  
  850-390-0774, drshark@wellgulfcoast.com  
  http://wellgulfcoast.com

- **Brandi Skipalis, Notary Public**  
  Jacksonville, FL 32218, 904-476-3207  
  b.skipalis@outlook.com  
  Notary services available in Northeast Florida for standard notarization ($10) and weddings ($30) by appointment. Fully LGBTQ+ inclusive and trans-affirming.

- **Crisis Counseling Hotline**  
  Call 211 on a landline or cell phone in Hillsborough county, indicate that you want crisis counseling, and you will be connected to an intervention specialist. Chat options also available.  
  Online database: http://211atyourfingertips.org/  
  https://www.crisiscenter.com/what-we-do/2-1-1-contact-center/

**Support Centers and Social Groups**

- **Trans Affairs in Gainesville**  
  22 SE 5th Ave, Ste D  
  Gainesville, FL 32601  
  gainesvilletterransaffairs@gmail.com  
  352-474-2774  
  A local Trans Activism group seeking to strengthen the Transgender Community through social activism, community outreach, and seeking social justice!

- **TranQuility: Transgender Community Group of Alachua County**  
  2401 SW Archer Road (The building is called HealthStreet)  
  Gainesville, FL 32608  
  alachuatranquility@gmail.com, 678-907-4616  
  https://www.facebook.com/alachua.tranquilitysupport/  
  TranQuility strives to educate, support, and care for all transgender people, their friends, families, and allies. Meets monthly for discussion on a specific topic, connection, and personal sharing.
• **Strive -- Social Trans Initiative**  
 3109 East Brainerd Street  
Pensacola, FL 32503  
strivepensacola@gmail.com, (850) 320-8593  
https://www.strivepensacola.com/  
Strive can find housing, employment, and other resources for trans people along the Gulf Coast as they become available, but can also go outside the Northwest Florida area if need be.

• **Gulf Coast Transgender Alliance**  
315 Garden St, Annex  
Pensacola, FL 32503  
gctransgenderalliance@gmail.com  
http://www.gulfcoasttransgenderalliance.com/  
850-332-8416  
Great support group that meets twice a month.

• **THE CENTER LGBTQ Center of Bay County**  
1608 Bakers Court, Room 6  
Panama City, FL 32401  
president@lgbtqcenterofbaycounty.org  
(850) 252-5145  
https://www.lgbtqcenterofbaycounty.com/  
The Center in Bay County offers a wide array of services and outreach to the community.

### STATE WIDE RESOURCES

**Planned Parenthood of Southwest and Central Florida (PPSWCF) Health Centers**

They offer a wide array of services that benefit our community to include:

**Transgender Care**
We offer hormone replacement therapy (HRT), either testosterone or estrogen, for transgender patients. We see HRT as an important service that really goes to the core of our mission. This service can be found at any of our health centers.

**PrEP (Pre-Exposure Prophylaxis) Services**
PrEP is a way to help prevent HIV infection by taking a pill every day. It helps protect you from getting HIV from an infected partner.

**HIV Testing and Counseling**
Up to 1 out of 6 people who have HIV don't know it. Knowing your status is essential to you and your future partner's sexual health.

**Sexually Transmitted Infection Testing and Treatment**
Sexually transmitted diseases (STDs) are caused by infections that are passed from one person to another during sexual contact.

• **Naples**  
1425 Creech Road, Naples, FL 34103-4207  
Health center: 239-262-0301

• **Fort Myers**  
6418 Commerce Park Drive, Fort Myers, FL 33966  
Health center: 239-481-9999

• **Sarasota**  
736 Central Ave. Sarasota, FL 34236-4042
Health center: 941-953-4060

- **St Petersburg**
  33 6th St S, Ste 110, St. Petersburg, FL 33701
  Health center: 727-898-8199

- **Tampa**
  8068 N. 56th St. Tampa, FL 33617-7620
  Health center: 813-980-3555

- **North Tampa**
  236 E. Bearss Avenue, Tampa, FL 33613
  Health center: 407-246-1788

- **Lakeland**
  2250 East Edgewood Drive, Lakeland, FL 33803-3643
  Health center: 863-665-5735

- **Kissimmee**
  610 Oak Commons Blvd, Kissimmee, FL 34741-4198
  Health center: 407-246-1788

- **East Orlando**
  11500 University Boulevard, Suite B, Orlando FL 32817-2155
  Health center: 407-246-1788

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**NATIONAL RESOURCES**

**Legal**

- **Female to Male (FTM) International**
  www.ftmi.org
  877-267-1440
  Email: info@ftmi.org
  Serves the Female-to-Male community by providing support meetings for FTMs and their families in cities around the world.

- **National Center for Transgender Equality (NCTE)**
  www.transequality.org
  Phone: 202-642-4542
  Email: ncte@transequality.org
  National social justice organization devoted to ending discrimination and violence against transgender people through education and advocacy on national issues of importance to transgender people.

- **Transgendered American Veterans Association (TAVA)**
  www.tavausa.org
  Formed to address the growing concerns of fair and equal treatment of transgender veterans and active duty service members.

- **Transgender Law Center (TLC)**
  www.transgenderlawcenter.org
  510.587.9696
  Email: info@transgenderlawcenter.org
  California-based civil rights organization advocating for transgender communities. TLC utilizes direct legal services, public policy advocacy, and educational opportunities to advance the rights and safety of diverse transgender communities.
• **Servicemembers Legal Defense Network**  
**[www.sldn.org](http://www.sldn.org)**  
**info@modernmilitary.org**, 202.328.3244  
Supports, defends and empowers LGBT service members, veterans and their families; mission is to strengthen military culture by securing equal opportunity, equal protection and equal benefits, without threat of harassment or discrimination, for LGBT service members and veterans.

• **Ruby’s List**  
**[https://www.rubyslists.com/](https://www.rubyslists.com/)**  
872-221-2081  
This web site provides LGBT+ friendly adoption services and support information nationwide.

• **Human Rights Campaign (HRC)**  
**[www.hrc.org](http://www.hrc.org)**  
America’s largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality; works to secure equal rights for LGBT individuals and families at the federal and state levels by lobbying elected officials, mobilizing grassroots supporters, educating Americans, investing strategically to elect fair-minded officials and partnering with other LGBT organizations.

• **Immigration Equality**  
**[www.immigrationequality.org](http://www.immigrationequality.org)**  
National grass roots organization that works to end discrimination in U.S. immigration law, to reduce the negative impact of that law on the lives of lesbian, gay, bisexual, transgender and HIV-positive people, and to help obtain asylum for those persecuted in their home country based on their sexual orientation, transgender identity or HIV-status.

• **Gay & Lesbian Alliance Against Defamation: TRANSGENDER**  
**[http://www.glaad.org/transgender/resources](http://www.glaad.org/transgender/resources)**  
*Dedicated to promoting and ensuring fair, accurate and inclusive representation of people and events in the media as a means of eliminating homophobia and discrimination based on gender identity and sexual orientation.*

• **Workplace Advocates: Out & Equal**  
**[http://outandequal.org/](http://outandequal.org/)**  
hello@outandequal.org

• **The Trevor Project**  
24/7 crisis support for LGBTQ+ youth  
Helpline: 1-866-488-7386  
Text “START” to 678-678 for anonymous text counselling  
*Crisis counselling and assistance for harassment*

• **American Civil Liberties Union (ACLU)**  
**[https://www.aclu.org/know-your-rights/](https://www.aclu.org/know-your-rights/)**  

• **National Association of Social Workers (NASW)**  
**[https://www.socialworkers.org/](https://www.socialworkers.org/)**

• **Help Starts Here**  
• Sylvia Rivera Law Project  
   212-337-8550
   Email: info@srlp.org

• TransYouth Family Allies  
   888-462-8932

• OutServe-Servicemembers Legal Defense Network (SLDN)  
   P.O. Box 65301
   Washington, DC 20035
   [http://www.outserve-sldn.org](http://www.outserve-sldn.org)
   OutServe-Servicemembers Legal Defense Network has represented the United States Lesbian, Gay, Bisexual and Transgender (LGBT) service member and veterans effected by Don't Ask Don't Tell worldwide.

• TruVoice Vocal Development  
   rycland@rsvocalcoach.com
   646-498-3466
   [https://www.truevoicevocaldevelopment.com/](https://www.truevoicevocaldevelopment.com/)
   We offer online voice training for the transgender community. We offer voice feminization and masculinization - all genders are welcome! We also offer singing and piano lessons. Unlock Your TruVoice!

**Education/Community Support**

• Tri-ESS National  
   Email: JEFTRIS@aol.com
   Educational, social and support group for heterosexual crossdressers, their partners, the spouses of married crossdressers and their families. Expressing both the masculine & feminine sides of self.

• PFLAG Parents and Friends of Lesbians and Gays  
   Phone: 202-467-8180
   Website: [http://community.pflag.org/](http://community.pflag.org/), Email: info@pflag.org
   *Highly active in educating and advocating for transgender needs.*

• Connected Coaching & Counseling  
   303 S Babcock St #102, Melbourne, FL 32904, 321-280-6508
   contact@StephanieSteenTherapy.com, [www.StephanieSteenTherapy.com](http://www.StephanieSteenTherapy.com)
   Mental Health Services for LGBT teens and their families. Parent coaching available nationwide.

• LGBT Wellness Summit  
   PO Box 3418, Sedona, AZ 86340, 480-788-1326
   lisa@lisamoorelgbt.com, [http://lgbtwellnesssummit.com](http://lgbtwellnesssummit.com)
   It is free to register. http://lgbtwellnesssummit.com/order/ We want the trans community aware of this amazing summit, airs for the one year Orlando tragedy. You can be affiliate, 50% pay back. Lisa

• Dr. Kristie Overstreet  
   18821 Delaware St, Suite 208, Huntington, CA 92648, 904-566-9256
   Kristie@TherapyDepartment.com, [www.TherapyDepartment.com](http://www.TherapyDepartment.com)
Video counseling Florida, Georgia, and Louisiana. HRT and gender confirming surgery letters. Assistance with gender marker letters and name changes. Free transgender virtual support group.

**Medical**

- **World Professional Association. For Transgender Health (WPATH)**
  Phone: 612-624-9397
  Website: [http://www.wpath.org/](http://www.wpath.org/), Email: wpath@wpath.org

- **Out of State Surgery Provider**
  **Dr. John Taylor**
  194 Highway 35, Red Bank, N.J. 07701
  732-707-1932
  [www.allurenj.com](http://www.allurenj.com)

- **HealthLabs.com**
  5821 Southwest Fwy, Houston, TX 77057
  christopher@medology.com, 1-800-579-3914

- **HealthyTrans**
  [https://www.healthytrans.com/](https://www.healthytrans.com/)
  Great website with lots of good info on FFS, Top, and GRS info as it pertains to insurance and much more.

- **Sunshine Behavioral Health**
  [https://www.sunshinebehavioralhealth.com/](https://www.sunshinebehavioralhealth.com/)

- **Jordan Ross Communication**
  Virtual Online Private Practice
  jordanrosscommunication@gmail.com
  [http://jordanrosscommunication.com](http://jordanrosscommunication.com)
  Jordan Jakomin (he/him) is a queer speech-language pathologist. His online practice is dedicated to helping trans, nonbinary, and other members of the LGBTQIA+ community find their authentic voice.

- **Modern Path**
  nmarzo@modernpath.net, (678) 802-9355
  [https://www.modernpath.net/](https://www.modernpath.net/)
  Offering letters and Online Counseling-LMHC, CST, CPCS, NCC, CCMHC

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**Recommended Out-of-State Gender Confirmation Surgery Providers**

- **Dr. Toby R. Meltzer M.D.**
  480-657-7006
  Toll Free: 866-876-6329 (TRM-MDAZ)
  [https://themeltzerclinic.com/](https://themeltzerclinic.com/)
  Email: info@themeltzerclinic.com

- **Dr. Marci Bowers, M.D.**
  (650) 570-2270
  [www.marcibowers.com](http://www.marcibowers.com)
  Email: mail@marcibowers.com
• **Crane Center for Transgender Surgery**  
  415-625-3230 (California)  
  512-446-9486 (Austin, TX)  
  [www.cranects.com](http://www.cranects.com)

• **Dr. Toby G. Mayer, M.D.**  
  Beverly Hills Institute of Aesthetic & Reconstructive Surgery  
  (424) 245-4156  
  [https://www.drtobymayer.com/](https://www.drtobymayer.com/)  
  Email: info@drtobymayer.com

• **Dr. Maureen Whelihan, MD FACOG**  
  6801 Lake Worth Rd #100W, Greenacres, FL 33467  
  (561) 965-9559  
  [https://mygynpractice.com/](https://mygynpractice.com/)
FLORIDA REQUIREMENTS
Changing the Gender Marker on Your Driver’s License

To request a gender different from what appears on the driver license or identification card you must provide a signed original statement on office letterhead from the attending medical physician (internist, endocrinologist, gynecologist, urologist or psychiatrist).

This medical certification must include the following items:
1. Physicians full name;
2. Medical license or certificate number;
3. Issuing state or other jurisdiction of medical license/certificate;
4. Drug Enforcement Administration (DEA) registration number assigned to the physician;
5. Address and telephone number of the physician;
6. Language stating that he/she is the attending physician for the customer and that he/she has a doctor/patient relationship with the customer.
7. Language stating the customer is undergoing appropriate clinical treatment for gender transition to the new gender (male or female); and
8. Language stating, “I declare under penalty of perjury under the laws of the United States the forgoing is true and correct.”

We hope the above information provides better clarification and addresses your concern.

We hope this information is helpful, this matter has been closed by our Customer Service Department. If you have further questions you may contact us by phone at (850) 617-2000 or submit a new question at http://www.flhsmv.gov/html/contact2.html

The Department of Highway Safety and Motor Vehicles is committed to Service, Integrity, Courtesy, Professionalism, Innovation and Excellence in all we do.

ORIGINAL INQUIRY:
Hello, I am currently in the process of going from Male to Female, I have been looking for information in writing that clearly indicates the requirements for having my gender marker changed once the name change has been done. Their seems to be a lot of information on the web, but none of it is clear on do you need a letter from the doctor who is supervising your hormones. to it can only be done once Sexual reassignment surgery has taken place. I have seen that you do not need SRS and a letter indicating that your birth certificate was changed. If so with that, what can you do when the state where you were born only changes the birth certificate after SRS. it seams to be a bit confusing and you tend to get different answers when you call this is why I would like to have in writing what is the clear expectation of the state to me the requirements of the state. Thank you for your time in this matter.
Warmly, Morgan

MY QUESTION IS ABOUT IF YOU HAVE NOT HAD SEXUAL REASSIGNMENT SURGERY My question is prior to SRS to change the Drivers License to have FEMALE put on it, what are the requirements? I understand step one is to legally change my name Step two is to change your SSN what are the next steps to change the gender marker without having SRS?
FLORIDA REQUIREMENTS
How to Legally Change Your Name

INSTRUCTIONS FOR FLORIDA SUPREME COURT APPROVED FAMILY LAW FORM 12.982(f), PETITION FOR CHANGE OF NAME (FAMILY) (06/10)

When should this form be used?

This form should be used when a family wants the court to change its name. This form is not to be used in connection with a dissolution of marriage, paternity, or adoption action. If you want a change of name because of a dissolution of marriage, paternity, or adoption action that is not yet final, the change of name should be requested as part of that case.

This form should be typed or printed in black ink and must be signed before a notary public or deputy clerk. You should file the original with the clerk of the circuit court in the county where you live and keep a copy for your records. The petition should only be completed for one adult. If you wish to change the name(s) of another adult and/or any child(ren), you should complete and file with the clerk of court the attached Supplemental Form(s) for Petition for Change of Name (Family) for each additional family member. Be sure that the bottom of each page of each supplemental form is initialed.

What should I do next?

Unless you are seeking to restore a former name, each adult petitioner must have fingerprints submitted for a state and national criminal history records check. The fingerprints must be taken in a manner approved by the Department of Law Enforcement and must be submitted to the Department for a state and national criminal history records check. You may not request a hearing on the petition until the clerk of court has received the results of your criminal history records check. You may not request a hearing on the petition until the clerk of court has received the results of your criminal history records check. The clerk of court can instruct you on the process for having the fingerprints taken and submitted, including information on law enforcement agencies or service providers authorized to submit fingerprints electronically to the Department of Law Enforcement. The process may take several weeks and you will have to pay for the cost of processing the fingerprints and conducting the state and national criminal history records check.

If any of the children for whom you are requesting this change of name are not the legal children of both adults filing this petition, you must obtain the consent of the legal parent(s). A parent not named as a petitioner in this action may consent by submitting a Consent for Change of Name (Minor Child(ren)), Florida Supreme Court Approved Family Law Form 12.982(d).

If the other parent does not consent to the change of name, you may still have a hearing on the petition if you have properly notified the other parent about your petition and the hearing. If you know where he or she lives, you must use personal service. If you absolutely do not know where he or she lives, you may use constructive service. For more information about personal and constructive service, you should refer to the “General Instructions for Self-Represented Litigants” found at the beginning of these forms and the instructions to Florida Family Law Rules of Procedure Forms 12.910(a) and 12.913(b) and Florida Supreme Court Approved Family Law Form 12.913(a). The law on constructive service is very complex and you may wish to consult an attorney regarding constructive service.

Next, you must obtain a final hearing date for the court to consider your request. If you are seeking to restore a former name, hearing on the petition MAY be held immediately after the petition is filed. The final hearing on any other petition for a name change may be held immediately after the clerk of court receives the results of your criminal history records check. You should ask the clerk of court, family law intake staff, or judicial assistant about the local procedure for setting a hearing. You may be required to attend the hearing. Included in these forms is a Final Judgment of Change of Name (Family), Florida Supreme Court Approved Family Law Form 12.982(g), which may be used when a judge grants a change of name for a family. If you attend the hearing, you should take the final judgment form with you. You should complete the top part of this form, including the circuit, county, case number, division, the name(s) of the petitioner(s) and leave the rest blank for the judge to complete. It should be typed or printed in black ink.

If the judge grants your petition, he or she will sign this order. This officially changes your family’s name. The clerk can provide you with certified copies of the signed order. There will be charges for the certified copies, and the clerk can tell you the amount of the charges.
Where can I look for more information?

Before proceeding, you should read “General Information for Self-Represented Litigants” found at the beginning of these forms. For further information, see section 68.07, Florida Statutes.

You may access forms needed at http://forms.uscourtforms.com/Florida/pdf%5C1%20Statewide%5CFamily%20Law%5CName%20Change/Petition%20For%20Change%20Of%20Name%20Adult%20w-Instructions%20%7B12.982%28a%29%7D.pdf

Special notes...

The heading of the form calls for the name(s) of the petitioner(s). This is (are) the parent(s) who is/are requesting the change of their family’s name(s). The judicial circuit, case number, and division may be obtained from the clerk of court’s office when you file the petition.

It may be helpful to compile a list of all of the people and places that will need a copy of the final judgment. This list may include the driver’s license office, social security office, banks, schools, etc. A list will help you know how many copies of your order you should get from the clerk of court after your hearing.

Remember, a person who is NOT an attorney is called a nonlawyer. If a nonlawyer helps you fill out these forms, that person must give you a copy of a Disclosure from Nonlawyer, Florida Family Law Rules of Procedure Form 12.900(a), before he or she helps you. A nonlawyer helping you fill out these forms also must put his or her name, address, and telephone number on the bottom of the last page of every form he or she helps you complete.

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If you are in the process of or have completed gender reassignment, please note:

- The ID you present with your application must accurately reflect your current appearance (see ID photocopy requirements on Step 4 of the previous page).
- The passport photo submitted with your application must accurately reflect your current appearance.
- In order to have the passport issued in your new gender, you must submit a physician certificate with your application that validates whether your gender transition is in process or complete.
- Requirements for all elements of the passport application aside from gender still apply, including evidence of legal name change (if applicable).

If a physician certifies that your transition is complete, you are eligible for a full validity ten-year passport. The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician’s full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate
- Drug Enforcement Administration (DEA) registration number assigned to the physician
- Address and telephone number of the physician
- Language stating that he/she is your attending physician and that he/she has a doctor/patient relationship with you
- Language stating you have had appropriate clinical treatment for gender transition to the new gender (male or female)
- Language stating “I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct”

If a physician certifies that your transition is in process, you are eligible for a limited validity two-year passport. The signed original statement from the attending medical physician must be on office letterhead and include:

- Physician’s full name
- Medical license or certificate number
- Issuing state or other jurisdiction of medical license/certificate

A limited passport book can be extended to the full ten-year validity book with no additional fee by submitting Form DS-5504 within two-years of the passport issue date.

**Updating Your Social Security Information**

Follow this link to the SSA website which will show all info needed for Social Security Administration: [https://secure.ssa.gov/poms.nsf/lnx/0110212200](https://secure.ssa.gov/poms.nsf/lnx/0110212200)

The SSA policy now permits a transgender person to change their gender marker upon submission of one of the following types of documents:

- A letter from the person’s doctor confirming that the person has undergone “appropriate clinical treatment for gender transition”;
- A full-validity, 10-year U.S. passport that includes the person’s correct gender;
- A state-issued birth certificate that shows the correct gender; or
- A court order recognizing the person’s gender.
Example Certification from Attending Physician

(Attending Physician's Official Letterhead)

I, (physician's full name), (physician’s medical license or certificate number), (issuing State of medical license/certificate), (DEA Registration number), am the attending physician of (name of patient), with whom I have a doctor/patient relationship.

(Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender male or female).

Or

(Name of patient) is in the process of gender transition to the new gender (specify new gender male or female).

I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct.

Signature of Physician
Typed Name of Physician
Date

Sample Letter 2 from Licensed Physician

(Physician's Address and Telephone Number)

I, (physician’s full name), (physician’s medical license or certificate number), (issuing U.S. State/Foreign Country of medical license/certificate), am the physician of (name of patient), with whom I have a doctor/patient relationship and whom I have treated (or with whom I have a doctor/patient relationship and whose medical history I have reviewed and evaluated). (Name of patient) has had appropriate clinical treatment for gender transition to the new gender (specify new gender, male or female).

I declare under penalty of perjury under the laws of the United States that the forgoing is true and correct.

Signature of Physician
Typed Name of Physician
Date